Community Resources: Preparing Inmates (And Their Families) for the Outside



Your friends and loved ones will most likely be leaving jail at some point, and it's important to prepare them, and yourselves, for that occasion. Re-entry is an important time; numerous factors contribute to whether former-inmates successfully transition from jail in to the community or return to incarcerated life. There are many local programs, services, and community resources that can help ensure that returning to jail is not an option or a possibility.

Of course, people face many obstacles when they leave jail – including those they may have encountered before becoming incarcerated. Serious issues like unemployment, mental health challenges, low self-esteem, drugs or alcohol abuse, and familial drama can affect re-integration attempts. Jail removes individuals from the support networks they once had, and upon release, inmates can easily find themselves completely overwhelmed and alone.

In general, jails fail to prepare inmates for the intense and immediate needs they will face upon release. The enthusiasm and joy that comes with freedom, and "walking out those doors" can quickly slide into a state of desperation and panic. Released inmates and their friends and loved ones need to be on the same page – with a plan- preparing for release far in advance of the actual date. This guide will help you formulate that plan.

Being in jail affects inmate, their families, and their friends. Leaving jail can have the same impact. Hungry? Need Housing? Need benefits or medications? Here you will find the names and contact information of scores of organizations offering homelessness support and shelter, showers, mental health services and support groups, transportation, drug, alcohol, and substance-use treatment, drop in programs, food resources, safe bathrooms, community involvement opportunities, employment help, benefits and insurance counseling, inpatient and residential programs, and emergency services.

The wide array of services provided by organizations in Santa Cruz County are specifically designed to address this intense time of transitioning and re-acclimation. There are organizations and programs who work tirelessly to ensure that inmates get back on their feet and become healthy members of the community once again.

Friends Outside: Pamphlets and information about one of the best (but little known and under-utilized) organizations in Santa Cruz County. Friends Outside offers a multitude of amazing, free programs for current inmates, those preparing for release and transitioning, and their families. The organization employs a team of reentry advocates, aftercare case managers, life coaches and mentors, and benefits advocates. It provides in-custody services including jail visitation, re-entry and medical information classes, pre-release planning, and Medi-Cal enrollment. Case managers help facilitate post-release plans and provide services and support like food referrals, hygiene kits, clothing vouchers, assistance with probation terms, counseling and medical referrals, and assistance with job searches and Medi-Cal/ food stamps enrollment. AB 109 and W.R.A.P. programs are a key component of the Friends Outside post-release programming. They are committed to helping families of those incarcerated, offering

information about visitation, locating friends and loved ones in the prison system, and providing legal advice, and referrals to criminal justice agencies. The Santa Cruz program knows that incarceration effects the entire family, and holds children's events and activities too.

Santa Cruz Free Guide: This is a simple guide providing information on community resources, meals, showers, restrooms, groups, and safe spots in Santa Cruz County. The Guide is perfect for inmates being released with little support, options, or direction.

Project Homeless Connect Resource Guide: This is a nicely compiled guide detailing employment, legal, veteran, older adult, family, food, housing, addiction, and health resources in Santa Cruz County. It contains a collection of programs and resources available in both North and South Counties.

NAMI Santa Cruz County Resource Guide: This is an extremely in-depth guide with a mental health focus. It identifies support groups, religious supports, inpatient/residential programming, substance use recovery resources and support groups, community involvement, anger management, family services, and basic support services for individuals.

Custody Alternative Programs FAQ: A breakdown of the Custody Alternative Program – work release and electronic monitoring. Work is performed in lieu of doing time in the County Jail.

Santa Cruz County Legal and Community Resources: This legal guide enumerates lawyer referral, legal research, child support services, and legal, immigration, process server, and other legal-community resources.

To provide feedback, comments, questions, and to correct errors please contact JailPacket@gmail.com

Date Written: April, 2021

Santa Cruz Freeguide

santacruzfreeguide.org

SHELTER (*Star designates SmartPath Assessments available, also at smartpathscc.org/homeless/)

Santa Cruz County Shelter Referral Hotline 831-291-5098 | covid-19homelessresponse@santacruzcounty.us SC Emergency Shelter Email for a spot, or meet shuttle at 6pm 115 Coral St. | *wintersheltersantacruz@gmail.com* Warming Center Program Hotline: (831)246-1234 | Opens at 38° or below/extreme rain events. Call hotline for info *Housing Matters Receiving County Referrals | ask staff for a Shelter Referral | 115 Coral St. | (831)-458-6020 Paul Lee Loft Shelter (HSC) 831-458-6020 | River Street Shelter 831-459-6644 | Rebele Family Shelter (831) 458-6020 Faith Community Shelter Temporary shelter for families & single adults, via local church sanctuaries | (831) 332-8151 Jesus, Mary and Joseph Home Faith-based shelter for women & children | 132 Lennox St | (831) 459-8046 RESOURCES

Footbridge Services Center | 150 Felker St. Suite H | (831) 246-1234 **Storage, Device Charging, Clothing & Blankets** EVERYDAY 8am-10am & 5pm-7pm | **Laundry** Turn in laundry in our 13 gallon bag any shift before Tuesday Night 7pm **Homeless Persons Health Project** Free Medical Care | 115 Coral St. | (831) 454-2080 | Mon, Wed 8-5pm; Tues, Thur 1-5pm; Fri 8-3pm **Downtown Streets Team** A work experience approach to overcoming homelessness | 418 Front St., | Thurs 12:30pm | (831) 713-3708 **SCC Veterans Office** Services for Veterans & Families 842 Front St. | (831) 454-7276

*Mental Health Client Action Network (MHCAN) Peer Support, Classes & Counseling | 1051 Cayuga St. | (831) 469-0462 Walnut Avenue Family & Women's Center Domestic Violence Support | 303 Walnut Ave. | (831) 426-3062 | 24 hr (866) 269-2559 Refuge Recovery Buddhist-inspired path to addiction recovery | Body & Soul Healing Ctr | 738 Chestnut St. | Mon & Fri 7:15pm, Sun 11am New Life Recovery | (831) 427-1007 | 707 Fair Ave. | Janus of Santa Cruz Recovery | (866) 526-8772 | 200 7th Ave., #150 Free Syringe Exchange Mon 8-12pm, Tues 5-7pm, Fri 8-11:30am | 1060 Emeline Ave. Rm 105 (Use north entrance Bldg F) Santa Cruz Public Library 24 Hr Free Public Wifi | 224 Church St.

SC Veterinary Street Outreach scanimalshelter.org/healthy-pets-for-all

Suicide Prevention Talkline 1-877-ONE-LIFE | 1-877-663-5433 | Crisis Textline 741-741

Tenant Sanctuary Free Info/Counseling about tenants rights | 10am-2pm Tues, Thurs, Sun | 831-200-0740 info@tenantsanctuary.org **MEALS**

Second Harvest Food Bank Hotline to free food locations | (831) 662-0991

Saint Francis Soup Kitchen Mon-Fri 12-1pm | 205 Mora St. (off River St., behind San Lorenzo Garden Center) **Homeless Garden Project** Tues-Fri 10am | Delaware & Shaffer (garden work for lunch)

Grey Bears Thu & Fri 7am | 2710 Chanticleer Ave. (work for groceries & lunch)

Manna Ministries Sat Noon | 7600 Soquel Dr. Aptos, Resurrection Catholic Community Church lot SHOWERS

*Homeless Services Center Mon-Sun 7:00am-2:30pm | 115 Coral St., Santa Cruz Shower the People Tues 5:30-7:30pm | Sat 11:30pm-2:30pm | Resurrection Church | 7600 Soquel Dr., Aptos

Shower the People Wed 3:30pm - 6:30pm | Trinity Presbyterian | 420 Melrose, SC (Behind Safeway, off Morrissey)

Footbridge Services Center Sunday 11am-2pm | 150 Felker St Suite H

RESTROOMS & PORTABLE TOILETS

Depot Park Restrooms, drinking fountain | Sunrise - Sunset, | 119 Center St
De Laveaga Park Restrooms, drinking fountain, Phone | Sunrise - Sunset, | 850 Branciforte Dr
Harvey West Park Restrooms, drinking fountain | 7am - Sunset, | 326 Evergreen St.
Ken Wormhoudt Skate Park 9am-Sunset | 225 San Lorenzo Blvd at Riverside Ave
Book Shop Santa Cruz Restrooms | Mon-Thur 9am - 10pm | Fri-Sat 9am-11pm | 1520 Pacific Ave
*SCPL Downtown Library Portapotty | 224 Church St.

Santa Cruz Parking Garages 6am-10pm | Locust & Cedar (also) Soquel Ave & Front St

 $Nov\,18,\,2020 \cdot santacruz free guide@gmail.com \cdot www.santacruz free guide.org$

 Employment Employment behavioral, & benefits) Dider Adults Family Resources Housing Food Legal Veterans 	Encompass Head Start 225 Westridge Dr, Watsonville (831)724.3885 School readiness & healthy families, children 0-5yo.	▲ Familia Center 711 E Cliff Dr, Santa Cruz (831)423.5747 Food distribution, 2nd & 4th W, 3p-5p	Friends Outside 1740 17th Ave, Santa Cruz (831)427.5070 Re-entry after being affected by the criminal justice system.	Food Not Bombs $ $ (831)515.8234 Free meals, call for schedule & location.	 Harm Reduction Coalition 313 Front St, Santa Cruz (831)427.3900 Needle exchange program, Narcan training, Hep C testing. 	$\begin{tabular}{ l c c c c c c } \hline Shaffer Rd at Delaware, Santa Cruz (831)426.3609 \\ \hline Job training & transitional employment; organic farming & related enterprises. \\ \hline & related enterprises. \\ \hline \end{tabular}$	 Homeless Persons Helath Project (HPHP) M & W, 8a-5p, Tu & Thu, 1p-5p, F 8a-3p (*closed 12p-1p daily) 	115A Coral St, Santa Cruz (831)458.6020 Mail service, shelter options for men, women & families. M-F, 8a-5p	• Housing Authority of Santa Cruz $\Big \begin{array}{c} 2931 \\ M-Th, 8a-5p \end{array} \Big $	 ▲ Janus Addiction treatment & counseling. ▲ M-Th, Ba-Bp, F Ba-5p 	 Jesus, Mary & Joseph Home Shelter for women, children & terminally ill. Clean & sober facility. 	 ★ ▲ La Manzana Family Resource Center 521 Main St, Ste Y, Watsonville (831)724.2997 M-Th, 8:30a-12:30p, 1p-4p, F 8:15a-12p 	 ★ ▲ Live Oak Family Resource Center 1740 17th Ave, Santa Cruz (831)476.7284 M-Th, 9a-12p, 1p-5p, F 9a-12p 	Loaves and Fishes 150 2nd St, Watsonville (831)722.4144 Pantry Program, M-F, 9a-11:30a, 1p-3p	▲ MHCAN 1051 Cayuga St, Santa Cruz (831)428.5253 Mental health services, M, Tu, Th, F, 9a-12p	 ★ ▲ Mountain Community Resources 6134 Hwy 9, Felton (831)335,6600 M-Th, 9a-12:30p, 1p-5p, F 9a-5p
Project Homeless CONNECT Santa Cruz County GUIDE 2018	Beach Flats Community Center 133 Leibrant Ave, Santa Cruz (831)420.6125 AIDS/HIV testing: Tu, 9a-12p	California Department of Rehabilitation 1350 41st Ave, Ste 101, Capitola (831)465.7100	270 Chanticleer Ave, Santa Cruz (831)479.1055 Colifornia Grey Bears Seniors weekly.	 California Rural Legal Assistance 21 Carr St, Watsonville (831)724.2253 Legal services helping with employment, benefits, or rental issues. 	 Central California Alliance for Health Insurance information. 	 ★ ◆ S < CalWorks 18 W Beach St, Watsonville (831)763.8500 Public benefit program for eligible families & children. 	Catholic Charaties 217 E Lake St. Watsonville (83.1)722.2675 Couseling assistance, immigration, financial aid, food & utilities assistance.	1350 41st Ave, Ste 101, Capitola (831)462.8720 Central Coast Center for Independant Living Assistance for persons with disabilities: peer support, advocacy, benefits & counseling.	Clinica del Valle del Pajaro $ $ 45 Nielson St, Watsonville (831)728.0222 M-Th 8a-7p, F 8a-5p	Community Action Board (CAB) 406 Main St, Ste 207, Watsonville (831)763.2147 Voicemail services.	Community Traffic Safety Coalition 1070 Emeline Ave, Santa Cruz (831)454.4317 Bike locks, bike helmets, reflective items, etc.	▲ Davenport Resource Service Center 150 Church St, Davenport (831)425.8115 M-Th, 10a-6p	 Dientes Community Dental M-Th, 8:30a-12:30p, 1:30p-5p; Fri 7:30a-12p, 1p-4p 	The Diversity Center 1117 Soquel Ave, Santa Cruz (831)425.5422 M, Tu, Th, F, 9a-6p, W 1p-6p	▲ Domincan Hospital 1555 Soquel Dr, Santa Cruz (831)426.7700	C Downtown Streets Team $\begin{vmatrix} 418 \text{ Front St}, \text{ Santa Cruz } (650) 833.8663 Volunteer work experience program.$



Santa Cruz Resource Guide

APRIL 2018

NAMI Santa Cruz County Help Line

The help line offers nonjudgmental support to individuals and families during times of need as well as guidance on how to get help.

(831)-427-8020

Leave a message and someone will return your call within 24 hours

Mental Health Emergency Services

Santa Cruz County Behavioral Health Access Team 1-(800)-925-2335/24 hours a day

Walk-in crisis services: M-F/ 8:00 am – 5:00 pm 1400 Emeline Avenue, Bldg. K. Santa Cruz, CA 95060

Crisis Stabilization Program (CSP) and Psychiatric Health Facility (PHF)

(831)-600-2800/ 24 hours a day 2250 Soquel Avenue, Santa Cruz

Mental Health Liaisons to Law Enforcement

(831)-471-1131 SC Police Department: 7 days/week SC Sheriff's Office: 6 days/week Watsonville Police Department: 5 days/ week Ask for Mental Health Liason

Monarch Services for Domestic Violence Watsonville Office:

(831)-722-4532 233 East Lake Avenue, Watsonville CA

Santa Cruz Office: (831)-722-4532 1509 Seabright Avenue, Santa Cruz CA

24-hour Bilingual Crisis Line: 1-(888)-900-4232

Online at www.monarchscc.org

Support Groups

For more information about NAMI Support groups, visit <u>namiscc.org</u> or call (831)-824-0406

NAMI Peer Connection Recovery Support Group

For adults living with mental illness Mondays/ 12:30 pm - 2 pm MHCAN at 1051 Cayuga St., Santa Cruz

Wednesdays/ 1:00 pm - 2:30 pm Sash Mill at 303 Potrero, Bldg 42, Suite 103

NAMI Support Group for Family Members of Youth/Young Adults (16-26) For families and friends of youth living

with mental illness First and third Thursdays of the month/ 6:30 pm- 8:30pm

542 Ocean St., Suite F, Santa Cruz

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NAMI Family Support Group For families and friends of those living with mental illness

Thursdays/ 7:00 pm - 8:30 pm Live Oak Family Resource Center at 1740 17th Avenue, Santa Cruz

NAMI HOPE Bipolar Disorder and Depression Support Group

A Christian based support group for both families and peers

(831)-336-5740
Second and fourth Tuesdays of the month/
6:30 pm - 8:15 pm
Santa Cruz Bible Church at 440 Frederick
St., Santa Cruz
Room 22, 2nd floor of Worship Center

C.H.A.D.D. Attention Deficit/ Hyperactivity Disorder Support Group

For parents of children and teens: Second Wednesdays of the month/ 6:30 pm - 8:00 pm Aptos Fire Station at 6934 Soquel Drive, Aptos For more information visit <u>www.chadd.net/436</u> or contact Judy Brenis at jbbrenis@comcast.net

For adults with ADHD:

Fourth Wednesdays of the month/ 6:30 pm - 8:00 pm (same contact/address info as above)

Parents with Hope (affiliate of Al-Anon)

For friends and family of those suffering from substance abuse

(831)-688-1792 Sundays/ 6:30pm - 7:45pm Inner Light Center at 5630 Soquel Drive, Soquel For more information about Twin Lakes Church Support Groups, contact <u>care@tlc.org</u> or (831)-465-3368 Twin Lakes Church is located at 2701 Cabrillo College Drive, Aptos CA

Twin Lakes Church Living Grace

A peer support group for individuals living with mental illness

Mondays/ 7pm in room 8142

Twin Lakes Church Family Grace

Two Christian based support groups for friends and family of those with mental illness

Mondays/ 10:00 am in Room 8112 Mondays/ 7:00 pm in Room 7105

Twin Lakes Church Through Cancer With Care

An opportunity to connect with those who understand what you're going through.

Second and Fourth Sundays of the month/ 9:00am - 10:30am Room 7105

Twin Lakes Church GriefShare

A support group to give help and encouragement after the death of a spouse, family member, or friend. Sessions begin in the Fall and Winter. Contact Twin Lakes Church for more information.

Twin Lakes Church Big Hearts

A support group for caregivers. There is encouragement from scripture, prayer support and exchange of ideas.

First and third Thursdays in room 7107. Contact <u>galeolsondesigns@gmail.com</u> for more information

Dual Recovery Anonymous (DRA)

For those wanting to stop using alcohol/ other drugs and a desire to manage an emotional or psychiatric condition

(831)-768-8132 ext. 306 M, T, Th, F/ 9:30 am The Avenues Program at 12 Carr St., Watsonville

Compassionate Friends

Supporting families after death of a child <u>www.tcfsantacruz.com</u> Please contact (831)-332-9893 for information about support groups

Eating Disorder Recovery Support Group

A supportive environment in which to meet other people working towards recovery from their eating disorder, build relationships, and practice recovery skills.

Sundays/ 1:00 pm - 2:30 pm 603 Mission St., Santa Cruz CA

Please RSVP at <u>sundayRSVPsc@gmail.com</u> Or call (831)-600-7103

Mood Matters Peer Support Group

A support group for individuals with mood disorders.

Mondays/ 6:00 pm - 8:00 pm MHCAN at 1051 Cayuga St., Santa Cruz CA

Survivors Healing Center

Groups for survivors of childhood sexual abuse.

Call (831)-423-7601 to register 104 Walnut Ave., Suite 208, Santa Cruz

Inpatient/Residential Programs

Front Street Housing Support Team

Provide mental health support services and assistance with locating, leasing, and maintaining housing.

(831)-466-9307 M-F/ 9:00 am - 5:00 pm Old Sash Mill at 303 Potrero St., Bldg 42, Suite 101, Santa Cruz CA

Encompass Supported Housing

Provides stable, permanent, affordable housing for low-income individuals with psychiatric disabilities.

(831)-459-0444 Applications are available at 380 Encinal Street, Suite 200, Santa Cruz CA

Telos

Short term crisis residential program that serves as a diversion to psychiatric hospitalization.

(831)-476-4184 3035 Prather Lane, Santa Cruz CA

Coastal Turning Point

Provides counseling, substance use, and/or mental health recovery services via inpatient and outpatient programs.

(831)-234-2010 M-F 9:00 am - 9:00 pm Saturdays: 8:00 am - 5:00 pm 147 South River St, Suite 24A, Santa Cruz

Online at www.coastalturningpoint.com

El Dorado Center

Short term treatment program for individuals who may be stepping down from locked care. Requires a case manager referral.

(831)-479-9494 941 El Dorado Ave, Santa Cruz CA

Second Story Respite House

A two-week, unlocked residence in a home environment for those living with mental health challenges. Must be a county client.

(831)-688-0967 Contact <u>adrian.bernard@encompasscs.org</u>

Opal Cliff Rehabilitation Center

Services 15 adult clients with the primary emphasis being supporting and empowering residents to gain or reclaim skills that will enable them to enter various independent living situations.

(831)-464-8694 4795 Opal Cliff Drive, Santa Cruz CA

Rose Acres Residential Facility

34 adult board and care beds in the San Lorenzo Valley area for those with mental health challenges, also serving nonambulatory seniors.

(831)-335-1925 6950 Rose Acres Ln., Felton CA

Front Street Residential Care Facility

47 bed residential care facility serving individuals with mental disabilities.

(831)-427-3387 126 Front Street, Santa Cruz CA

Willowbrook Residential Care 1

34 bed adult residential program that offers mental health support services to adults from 18-59 years of age.

(831)-336-5196 155 Willowbrook Drive, Ben Lomond CA

Wheelock Residential Care

Provides 16 adults (18-59) with residential and mental health services.

(831)-768-0941 102 Wheelock Road, Watsonville CA

7th Avenue Center

A 99-bed certified Mental Health Rehabilitation Center for individuals affected by severe and persistent mental illness, including dual diagnoses.

(831)-476-1700 1171 7th Avenue, Santa Cruz CA

More information online at <u>www.7thavecenter.com</u>

Drake House (Elder care)

49-bed residential care facility for the elderly with enhanced services for people with a combination of mental health issues and/or complex medical problems.

(831)-643-9069 399 Drake Avenue, Monterey CA

Willowbrook Residential Care 2 (E.C.)

Six bed residential care facility for the elderly offering residential and mental health support services.

(831)-336-5196

Substance Use Recovery Services

Alto North and South Counseling Center

Offers counseling services for individuals dealing with alcohol or other addictive drugs, and drug court related services.

Watsonville: (831)-728-2266 Santa Cruz: (831)-423-2003

Sober Living Environments

Provide supportive, shared housing for people in recovery.

For men's SLE: (831)-423-3890 For women's SLE: (831)-423-3890

Casa Pacific

A 12 bed residential program in Watsonville for men and women with cooccurring disorders.

(831)-722-2933 321 E. Beach Street, Watsonville CA

Santa Cruz Residential Recovery

A co-ed residential program that serves clients for 30-90 days based on individual needs for recovery from substance use and co-occurring disorders.

(831)-423-3728 Email at recoverysupport@encompasses.org

Si Se Puede

A bilingual residential program serving Spanish speaking, male clientele for a one to six month period focusing on issues surrounding recovery from substance use and co-occurring disorders. M-F/ 9:00 am -5:00 pm 161 Miles Lane, Watsonville CA recoverysupport@encompasses.org

Sobriety Works

Offers services such as intensive outpatient programs for those working or in school, interventions, assessments, individual sessions, sober living environments, and continuing care.

(831)-476-1747

8030 Soquel Ave, Suite 103 Santa Cruz Email at <u>sobrietyworks@sobrietyworks.com</u> Online at <u>www.sobrietyworks.com</u>

Janus

Affordable addiction treatment offering residential as well as outpatient programs

(866)-526-8772 200 7th Avenue, Suite 150, Santa Cruz CA Email at <u>info@janussc.org</u>

More information online at <u>www.janussc.org</u>

<u>Substance Use Recovery Support</u> <u>Groups</u>

Celebrate Recovery

A biblical and balanced program that helps us overcome our hurts, hang-ups, and habits.

(831)-429-1162 Fridays/ 7:00 pm - 9:00 pm Santa Cruz Bible Church at 440 Frederick Street, Santa Cruz CA info@santacruzbible.org

(831)-761-5422

Refuge Recovery

A mindfulness-based addiction recovery community that practices and utilizes Buddhist philosophy as the foundation of the recovery process.

Mondays/ 7:15 pm- 8:15 pm Fridays/ 7:00 pm - 8:00 pm Sundays/ 11:00 am - 12:00 pm Body & Soul Healing Center santacruzrefugerecovery@gmail.com

Website at www.refugerecovery.org

SMART Recovery

For those who wish to recover from addictive behaviors by changing selfdefeating thinking and working towards long-term satisfactions. An alternative to 12-step groups.

Tuesdays/ 8:00 pm - 9:30 pm Preschool building in Calvary Episcopal Church at 532 Center St., Santa Cruz CA

Contact Ryan Koehler at (831)-444-5160 or email ryan.santacruz@gmail.com

Wednesdays/ 6:00 pm - 7:30 pm Sundays/ 4:00 pm - 5:00 pm 9057 Soquel Drive, Building A Unit G, Aptos CA

Contact Darin Engrassia at (530)-307-3178 or email dengrassia@elevaterehab.org

Online meetings and more information at <u>www.smartrecovery.org</u>

Community Involvement

Community Connections

For those living with a psychiatric condition looking for educational opportunities and job skills.

North County: (831)-425-8132 South County: (831)-768-8132

M-F/ 8:30 am - 1:00 pm 303 Harvey West Blvd., Santa Cruz CA Dblaskovich@ccsantacruz.org

More info at <u>www.scvolunteercenter.org/</u> programs/community-connection/

Mental Health Client Action Network (MHCAN)

Peer-run drop in center for those with mental health and homelessness challenges providing food, clothing, groups, and support.

(831)-469-0462 M, T, Th, F/ 9:00 am - 2:00 pm 1051 Cayuga St., Santa Cruz CA

Events calendar and more information online at <u>www.mhcan.org</u>

Community Bridges

A collection of centers providing a number of resources to the community such as food, parent education, elder care, transportation, child care, etc.

(831)-688-8840 236 Santa Cruz Ave., Aptos CA

www.communitybridges.org

Live Oak Family Resource Center

Offers resources and services such as youth advocacy, tutoring, counseling, foster family support, community case management, parent education, and healthcare access.

(831)-476-7284 M-Th/ 9:00 am - 5:00 pm CLOSED for lunch 12:00 pm - 1:00 pm Fridays/ 9:00 am - 12:00 pm 1740 17th Ave., Santa Cruz CA

Online at www.communitybridges.org/locr

Central Coast Center for Independent Living

CCIL is a bilingual center that promotes the independence of people with disabilities. Offers help with access to services, improving skills, and answering questions concerning disability rights, counseling, housing, employment, healthcare, and personal assistance.

Central Office Monterey County (831)-757-2968 318 Cayuga St., Suite 208, Salinas CA

Santa Cruz County Office (831)-462-8720 1350 41st Ave., Suite 101, Capitola CA

Online at www.ccil.org

Life Skills Support Services

Designed for those who want to enhance a variety of independent living skills, working collaboratively with individuals to identify and achieve both short and longterm life skills goals.

Contact Front St. Inc. team for more information (831)-421-1130

Nueva Vista Community Resources

Resource center offering programs like application assistance, community advocacy, parent education, food and nutrition services, and after school homework club.

Main Office: (831)-423-5747 M-F/ 9:00 am - 5:30 pm CLOSED for lunch 1:00 pm - 2:00 pm 711 East Cliff Dr., Santa Cruz CA

Youth Services: (831)-426-2322 M-F/ 9:00 am - 5:30 pm CLOSED for lunch 1:00 pm - 2:00 pm 133 Leibrandt Ave., Santa Cruz CA

Miscellaneous

Anger Management

A 12 week evidence based curriculum that has been designed to help participants increase personal awareness and reduce stress.

Santa Cruz: (831)-423-2003 Watsonville: (831)-728-2223

Family Service Agency of the Central Coast

A private, non-profit agency offering affordable counseling and supportive services for people of all ages, designed to maintain and strengthen family and community life.

(831)-423-9444 104 Walnut Avenue, Suite 208, Santa Cruz CA Online at <u>www.fsa-cc.org</u>

Advocacy, Inc.

A non-profit corporation that provides rights protection and advocacy services for both mental health clients and the elderly.

(831)-429-1913 or (831)-636-1638 5274 Scotts Valley Drive, Scotts Valley CA

Paget Center

A 12 bed short-term (up to 90 days) emergency housing program for homeless veterans.

(831)-475-5591 831 Paget Ave., Santa Cruz CA

Women, Infants, and Children (WIC)

A safe place for low to moderate income families to receive a sense of hope, comfort, and security, allowing women, infants, and children to thrive. Program also available in Spanish.

Santa Cruz: (831)-426-3911 M-Th/ 8:00 am - 6:00 pm 1105 Water St., Santa Cruz CA

Watsonville: (831)-722-7121 M-F/ 8:00 am - 6:00 pm 18 West Lake Ave., Suite A., Watsonville CA

Felton: (831)-426-3911 Second and fourth Wednesdays and Thursdays/ 9:00 am - 5:00 pm

More information online at www.communitybridges.org/wic

Senior Network Services

Providing senior citizens and persons with disabilities with information, guidance and assistance in coordinating existing resources to promote independence and highest quality of life.

Santa Cruz: (831)-462-1433 1777-A Capitola Rd., Santa Cruz CA

Watsonville: (831)-728-1751 114 E. Fifth St Email at <u>snshicap@cruzio.com</u>

Transportation Program

Rides for seniors or persons with disabilities who cannot drive and have no ready access to alternative transportation.

Santa Cruz: (831)-427-3435 Watsonville: (831)-722-6708 San Lorenzo/Scotts Valley: (831)-336-9387

Special Parents Information Network

Offers support to parents of children with special needs of any type. Services include consultations, resources, workshops, and support groups.

For more information: (831)-722-2800 <u>info@spinsc.org</u> Online at <u>www.spinsc.org</u>

For information about mentor program, support groups, or Yahoo! group, contact Nancy at (831)-423-7713 <u>nwinans@spinsc.org</u>

Friends Outside

Providing support to those incarcerated, post-release consumers, and their families.

Santa Cruz: (831)-427-5078 1740 17th Avenue, Santa Cruz CA

Watsonville: (831)-722-2127 349 Main St., Watsonville CA

Email at <u>friendsoutside@scvolunteercenter.org</u>

Online at https://scvolunteercenter.org

MOST Team

Provides wrap-around mental health services including psychiatry, psychotherapy and employment skill development with additional supports specific to criminal justice system involvement such as probation, court discharge planning and disposition, and liaison relations with law enforcement and jail correctional staff.

(831)-454-7541

Gemma Transitional Housing Program

A structured, long term residential program for previously incarcerated women, focused on the successful integration of early recovery and reentry practices.

(831)-706-6560 recoverysupport@encompasscs.org

Online at <u>www.encompasscs.org/</u> <u>community-recovery-services/gemma</u>

The Lotus Collaborative Eating Disorder Recovery Center

A holistic health and recovery center specializing in eating, weight, exercises, and nutrition concerns. Offers partial hospitalization services, intensive outpatient services, support groups, family therapy, nutritional counseling, and transitional living. Serving clients of all genders ages 14 and up.

(831)-600-7103 603 Mission St., Santa Cruz CA

More information online at <u>www.thelotuscollaborative.com</u>

Whole Person Care

A Santa Cruz County program designed to improve the health and well-being of individuals with complex needs by providing case management services, a care team, same day appointments, and assistance with transportation.

(831)-454-5099 Email at wholepersoncare@santacruzcounty.us

More information online at www.santacruzhealth.org/wholepersoncare

Basic Support

Santa Cruz County Mental Health Services

Call to determine if you are eligible for county mental health services.

(831)-454-4170 M-F/ 8:00 am - 5:00 pm 1400 Emeline Ave., Building K, Santa Cruz

Police Departments

Non-Emergency Santa Cruz: (831)-420-5800 Non-Emergency Capitola: (831)-475-4242

Santa Cruz County Housing Authority

Assisting low-income, disabled, and elderly persons with affording housing.

(831)-454-9455

2391 Mission St., Santa Cruz CA Email at <u>housing@hacosantacruz.org</u>

Human Services Department of Santa Cruz Website

An easy to use website which helps to quickly direct you to Medi-Cal, home care, employment, food assistance, childcare, and other applications for low-income services.

www.santacruzhumanservices.org

Employment and Benefits Customer Service Centers

In-person assistance and application for General Assistance, CalFRESH, CalWORKs, Medi-Cal, and Welfare-to-Work employment.

Santa Cruz: M-F/ 8:00 am - 5:00 pm (831)-454-4165 TTY for Hearing Impaired (831)-454-4763 1020 Emeline Ave., Building B., Santa Cruz CA

Watsonvile: M-F/ 8:00 am - 5:00 pm (831)-763-8500 TTY for Hearing Impaired (831)-454-4763 18 W. Beach St., Watsonville CA

Workforce Santa Cruz County

No cost services for businesses, employees, and job seekers. Offers career counseling, occupational training, on-thejob-training, job search workshops, selfservice computers for job search, and access to EDD Unemployment Insurance phone lines.

Santa Cruz: M-F/ 8:00 am - 4:30 pm (831)-423-8611 Goodwill Main Offices at 350 Encinal St., Santa Cruz CA Watsonville: M-F 8:30 am - 4:30 pm (831)-763-8933 Goodwill Workforce Offices at 18 W. Beach St., Watsonville CA

Social Security Administration Office

Providing services such as disability insurance, supplemental security income, and Medicare.

M, T, Th, F/ 9:00 am - 4:00 pm Wednesdays/ 9:00 am- 12:00 pm (800)-593-8523 169 Walnut Ave., Santa Cruz CA

Online services and more information at <u>www.ssa.gov</u>

<u>Transition Age Youth/Youth</u> <u>Services</u>

Santa Cruz County Child and Adolescent Behavioral Health Services

Provides services for residents younger than 18. Call same number for transition age youth services, ages 18-25.

1-800-952-2334 1400 Emeline Ave., Santa Cruz CA

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California Youth Crisis Line

A statewide, toll free, 24 hour confidential phone line available to young people between the ages of 12-24, and concerned friends and family members. Provides crisis intervention counseling on issues including family problems, sexual assault, eating disorders, teen pregnancy, substance abuse, suicide, and more.

1-800-843-5200

Encompass Youth Services (ages 3-20)

Offering counseling, mental health outpatient services, groups, and after school programs.

Santa Cruz: (831)-429-8350 Watsonville: (831)-688-8856

Walnut Avenue Women's/Family Center

Offers support groups, workshops, and education for youth and families.

(831)-426-3062 303 Walnut Avenue, Santa Cruz www.wafwc.org

Pajaro Valley Prevention and Student Assistance (Pajaro Valley School District)

Offers counseling, workshops, and education for youth and families. Must have school referral.

(831)728-6445 www.pvpsa.org

LGBTQ+ Youth Meet-ups (ages 12-18)

Weekly meet-ups for queer, trans, and allied youth.

Fridays/ 3:30 pm - 6:00 pm

First Christian Church at 15 Madison St., Watsonville CA

Saturdays/ 1:00 pm - 3:30 pm Diversity Center at 1117 Soquel Ave, SC

Gender Expansive Youth Group (ages 12-18)

Saturdays/ 4:00 pm- 5:30 pm Diversity Center at 1117 Soquel Ave, SC

Queer Youth Task Force of Santa Cruz County

Resources for queer youth, parents, teachers, and community programs.

(831)-425-4004 Email at <u>info@QYTF.org</u> Online at <u>www.qytf.org</u>

Tyler House

Dual-diagnosis residential treatment program focusing on substance abuse treatment for teens. Provides daily counseling and structured activities.

(831)-688-6293 x117 2716 Freedom Boulevard, Watsonville

Homelessness Support Services

Resetar Residential Hotel

A permanent supportive housing site, meant for individuals and families that have multiple housing barriers including previous homelessness, physical disabilities, mental health disabilities, educational disparities and drug and alcohol histories.

(831)-722-3322 Monday- Friday 9:00 am - 4:00 pm 15 West Lake, Watsonville CA

Homeless Garden Project

Provides job training, transitional employment, and support services to people who are experiencing homelessness.

(831)-426-3609 M-F/ 9:00 am - 5:00 pm 30 West Cliff Dr., Santa Cruz CA

Homeless Persons' Health Project

A full service primary health center serving the needs of the homeless and low-income populations.

Clinic Hours

CLOSED from 12:00 pm - 1:00 daily Mondays/ 8:00 am - 5:00 pm Tuesdays/ 1:00 pm - 5:00 pm Wednesdays/ 8:00 am - 5:00 pm Thursdays/ 1:00 pm - 5:00 pm Friday/ 8:00 am - 3:00 pm

(831)-454-2080 or Toll Free (866-731-4747) 115A Coral St., Santa Cruz

Santa Cruz Homeless Services Center

Provides programs for the homeless including residential services, permanent supportive housing programs, and employment assistance.

(831)-428-6020 115B Coral St., Santa Cruz CA

Mental Health Client Action Network (MHCAN)

Peer-run drop in center for those with mental health and homelessness challenges providing food, clothing, groups, and support.

(831)-469-0462

M, T, Th, F 9:00 am - 2:00 pm 1051 Cayuga St., Santa Cruz CA

Events calendar and more information online at <u>www.mhcan.org</u>

River Street Shelter

A 32 bed emergency shelter for homeless adult men and women. Breakfast and dinner are provided.

(831)-459-6644 115C Coral St., Santa Cruz CA

Rebele Family Shelter

Provides up to 6 months of temporary housing for families in need. Services offer three meals per day, children's play areas, counseling, health care and job assistance.

(831)-458-6020 115B Coral St., Santa Cruz CA

Salvation Army Emergency Shelter

Santa Cruz: (831)-426-8365 721 Laurel St., Santa Cruz CA Email at harold.laubachjr@usw.salvationarmy.org

Watsonville: (831)-724-0948 214 Union St., Watsonville CA

Pajaro Valley Shelter Services

(831)-728-5649 115 Brennan St., Watsonville CA

Pajaro Rescue Mission

Offers shelter for 35 homeless men, meals twice a day, and daily showers.

(831)-724-9576 111 Railroad Ave., Watsonville

Santa Cruz Superior Court Self Help Center Legal and Community Resources



Lawyer Referral Service: 831-425-4755, http://lawyerreferralsantacruz.org/ Low cost legal consultation (fee subject to change).

Legal Research: Santa Cruz Law Library at 701 Ocean Street, Room 70, Santa Cruz, CA (basement of county building). Hours are Monday - Friday 8am to 12 pm, Due to COVID Restrictions you may need an appointment call: 831-420-2205, <u>www.lawlibrary.org</u>. Please note: library staff will not do research for you or provide advice. They will direct you to appropriate legal resources.

Department of Child Support Services, Santa Cruz County: 420 May Ave., Santa Cruz, Phone: 1-866-901-3212, <u>www.dcss.co.santa-cruz.ca.us</u>.

Process Server: Santa Cruz County Sheriff's Department, 831-454-7655, located at 5200 Soquel Ave., Santa Cruz, CA 95062. You may also hire a private process server; search for process servers online.

Community Resources: A list of community resources can be found on the Santa Cruz Public Libraries Community Information Database: <u>www.santacruzpl.org/cid/</u> You can also find community resources by calling or texting 211 <u>www.211santacruzcounty.com</u>

٠	Adult Protective Services	454-4101
•	Affordable Divorce Mediation, Conflict Resolution Center Program	345-2891
•	Bay Area Legal Aid: San Jose Consumer Rights Clinic	800-551-5554
٠	California Rural Legal Assistance (CRLA) Housing, labor law, public benefits	724-2253
•	Catholic Charities: Immigration Services	422-0602
•	Child Protective Services	454-4222
•	Community Bridges: Community resources centers and food programs	688-8840
•	Conflict Resolution Center: Community and small claims mediation	475-6117
•	Deaf Counseling, Advocacy and Referral Agency	510-343 6670
•	Disability Rights California	800-776-5746
	TTY number	800-719-5798
•	District Attorney: Consumer line	454-2050
•	District Attorney: Criminal/Child Abduction	454-2400
•	Encompass: Early education, health & housing, behavioral health	469-1700
	(ALTO, batterer's intervention program, DUI classes, youth counseling and more	105 1700
•	(ALTO, batterer's intervention program, DUI classes, youth counseling	458-6020

The Superior Court, Santa Cruz County is not endorsing any of the above service providers. The court does not evaluate the services listed; therefore the court is not responsible for the quality of the services provided. This list provides information for non-profit, county, and court services.

Santa Cruz Superior Court Self Help Center Legal and Community Resources



•	Monarch Services: Restraining orders	722-4532
		425-4030
•	Santa Cruz Immigration Project	724-5667
•	Senior Citizens Legal Services: Housing, public benefits, elder abuse prevention	426-8824
•	Small Claims Court Advisor	786-7370
•	Smart Legal Solutions: Sliding scale family law mediation and general mediation	459-6019
•	Tenant Sanctuary: Tenants' Rights Counseling information only	200-0740
•	Victim Advocate, Santa Cruz Police Department: Domestic Violence	420-5827
•	Victim Witness, District Attorney: Domestic Violence	454-2010
•	Walnut Ave. Family & Women's Center: Restraining orders	426-3062
•	Watsonville Law Center: Consumer, credit theft, wage claims, worker's compensation.	722-2845

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