

Santa Cruz County Psychiatric Health Facility

PHF ADMISSION CRITERIA &

The Psychiatric Health Facility (PHF) is an acute inpatient program licensed by the State of California for individuals experiencing an acute emergency related to a mental health disorder where they can receive intensive mental health and psychiatric treatment services to assist in the stabilization of the episode. Services are provided by professional and paraprofessional staff as per licensing and certification requirements. Individuals can present for services voluntarily or pursuant to Welfare & Institution code 5150.

Individuals are admitted to the PHF from the adjacent Crisis Stabilization Program (CSP) or direct transfer from a medical service of a general acute care hospital via a physician to physician transfer protocol. In order to provide quality care to individuals presenting to the PHF, an individual must be medically stable. The limitations are set by licensing requirements and place consumer safety as the foremost concern. The PHF is an ambulatory unit (the individual must be able to self-transfer).

The following criteria must be met:

All individuals presenting to the PHF will have a Medical Screening by qualified personnel of the PHF to determine if they are medically stable to be admitted to the PHF. The following guidelines would warrant an evaluation by Emergency Department personnel for medical clearance:

1. Anyone who is suspected of, or who reports having taken an overdose.
2. Any individual over the age of 64.
3. Anyone complaining of chest pain or difficulty breathing.
4. Any individual who has observable indicators that they are seriously impaired by drugs or alcohol, such as slurred speech, unsteady gait, somnolence, severe sweating, dilated or constricted pupils, tremulousness and/or extreme agitation.
5. The individual must be able to take medications and fluids orally, walk without assistance and have a resting pulse below 100/minute.
6. Anyone with obvious signs of serious health conditions such as open wounds, serious bruising or swelling, malnutrition or any of the excluded criteria described below.

Once **medical clearance** is obtained, the individual can be returned to the CSP for assessment.

The following exclusions apply:

Medical care for consumers sent to the PHF should not exceed that which would be expected on an outpatient basis. The following exclusions apply:

1. No IVs.
2. No continuous oxygen.
3. No NG tubes.
4. No indwelling urinary catheters.
5. No one requiring negative air flow isolation.
6. No open, draining wounds.
7. No bedridden individuals.
8. No individual in active delirium tremens or acute medical withdrawal.
9. No one who is semiconscious or obtunded.
10. No one who is currently on an "in custody status".
11. Primary diagnosis of a substance abuse disorder.
12. Primary diagnosis of anorexia nervosa or bulimia (eating disorders)
13. Primary diagnosis of dementia, delirium or traumatic brain injury (TBI).

In addition, individuals whose medical condition require continuous and intensive medical monitoring or are so severe as to limit or prevent participation in treatment are not appropriate for this level of care.

SANTA CRUZ COUNTY PSYCHIATRIC HEALTH FACILITY
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831-600-2801
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Santa Cruz County Crisis Stabilization Program

The following criteria must be met:

All individuals presenting to the CSP will have a Medical Screening by qualified personnel to determine if they are medically stable. The following guidelines would warrant an evaluation by Emergency Department for medical clearance:

1. Anyone who is suspected of, or who reports having taken an overdose.
2. Any individual over the age of 64.
3. Anyone complaining of chest pain or difficulty breathing.
4. Any individual who has observable indicators that they are seriously impaired by drugs or alcohol, such as slurred speech, unsteady gait, somnolence, severe sweating, dilated or constricted pupils, tremulousness and/or extreme agitation.
5. The individual must be able to take medications and fluids orally and ambulate without assistance.
6. Anyone with obvious signs of serious health conditions such as open or untreated wounds that require closure, serious bruising or swelling, malnutrition or any of the excluded criteria described below.
7. Infections with major nursing requirements.
8. Anyone with a wound that requires greater than daily dressing.
9. Patients who are unable to provide care or unable to participate in their medical care.
10. Patient's underlying medical illness may not be managed due to psychiatric overlay.

Once **medical clearance** is obtained, the individual can be returned to the CSP for assessment.

CSP ADMISSION CRITERIA &

The Crisis Stabilization Program is a 24-hour per day, 7-days per week, community-based emergency service for adults and youth experiencing a crisis related to a mental health condition. The services will include assessment, urgent mental health care and referral to mental health and/or co-occurring substance abuse treatment services. An individual may remain in the Crisis Stabilization Program for up to 23 hours for intensive treatment services. Individuals can present for services voluntarily or pursuant to Welfare & Institution code 5150.

In order to provide quality care to individuals presenting to the Crisis Stabilization Program and the Psychiatric Health Facility, an individual must be medically stable. The limitations are set by licensing requirements and place consumer safety as the foremost concern. The CSP is an ambulatory unit (the individual must be able to self-transfer).

The following exclusions apply:

Medical care for consumers sent to the CSP should not exceed that which would be expected on an outpatient basis. The following exclusions apply:

1. No IVs.
2. No supplemental oxygen.
3. No NG tubes.
4. No indwelling urinary catheters.
5. No one requiring negative air flow isolation.
6. No open, draining wounds.
7. No bedridden individuals.
8. No individual in active delirium tremens or acute medical withdrawal.
9. No one who is semiconscious or obtunded.
10. No one who is currently on an "in custody" status.
11. Consistent vital sign instability

In addition, individuals whose medical condition require continuous and intensive medical monitoring or are so severe as to limit or prevent participation in treatment are not appropriate for this level of care.

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