

# Positive and Negative Symptoms of Schizophrenia

## Positive +

presence of problematic behaviours

- Hallucinations (illusory perceptions), especially auditory
- Delusions (illusory beliefs), especially persecutory
- Disorganized thought and nonsensical speech
- Bizarre behaviours

## Negative -

absence of healthy behaviours

- Flat affect (no emotion showing in the face)
- Reduced social interaction
- Anhedonia (no feeling of enjoyment)
- Avolition (less motivation, initiative, focus on tasks)
- Alogia (speaking less)
- Catatonia (moving less)