NAMI –SCC Board Meeting

Location: Sash Mill Conference Room

Monday, April 4, 2016, 6:00 p.m.

**Minutes**

# Call to Order 7:10. Board members present: Jorge, Hugh, Carol, Lynda, Rama, Tina.

# Program Director: Sheryl Lee. Not present: Melissa, Pam, Lynda

1. Approval of Minutes of March 7 2016 meeting. Rama moved approval, second by Tina. All approved.
2. General comments. Guests who wish to speak to the Board may do so at this time.
   1. Rama: There will be a meeting on April 22nd at the sheriff’s conference room to announce new grants for MH and substance Abuse, both capital projects and service. Target MedicCal, homeless, mh and addictions. Can include computer projects, staff, training. And new bill 1197 about Family input. Parity is now Fed. Law. There is revised confidentiality information related to substance abuse that makes coordinated care easier. Possibly fund our phone line, hire a clinician??
   2. Sheryl shared news from Emily Chapman that psychiatrist Dr. Shakir from Santa Clara county area is planning to open an office in Soquel. He was a speaker for NAMI, treats depression, new use of TMS.
3. Board Development, Procedures and Committee. Committee: Rama, Carol, Nancy, Sheryl.

Application form and invitation letter provided by Nancy. Sheryl will work on binder for new board members with Nancy. Rama provided names of 6 potential invitees, Jorge suggested one. Sheryl suggested two.

1. Volunteer Development Action Plan: committee to be formed. Tabled this item
2. May 18 Speaker Meeting: Peer opportunities after El dorado type care: community Connection, NAMI Peer to Peer, Connection support groups, MHCAN, Mariposa, Living Evolution, NAMI game group, Meet up group.
3. May 12 Criminal Justice and Behavioral Health Symposium in Scotts Valley, 8:30 to 3:30.

Can accommodate 210 guests. This will be excellent. National leader speaker from CIT, Major

Sam Cochran, intended for law enforcement and the whole community to attend. Break out groups in the p.m. on problem solving. Carol has been asked to speak for the family experience.

We will send the invitation first to active volunteer list, then to our entire list.

1. Grant request to NAMI SCC from school club, Cypress High School club submitted request for $500 funds for activities for mental health awareness month. Itemization of needs looked like about $200 +. Tina Landino moved to provide $250. Second by Rama, approved by all, with check to be made out to cypress high school.
2. Treasurer Responsibilities: Lynda Kaufmann completes her term as Treasurer, following Jim Williamson. Board approved appointment of Melissa Watrous as she accepts responsibilities of Treasurer. Lynda Kaufmann and Jim Williamson to remain as authorized signers on Bay Federal Credit Union, with Melissa Watrous to be added. Motion by Tina Landino, Second by Rama Khalsa, approved by all. The Board extends appreciation to service of Lynda, and thanks Melissa for adding the Treasurer responsibility to her role as Vice President.
3. Preparation of NAMI’s taxes for 2015. Tax preparation to be performed by the tax accountant for Front St. Inc, for estimate of $500. Motion by Tina, Second by Rama, all approved.
4. PAMF grant submittal was shared. Dr. Dean Zweng again nominated NAMI for the Endowment foundations grant. Nancy Sherrod completed application with Carol and submitted for $10,000 request, focus is on presentations and community education.
5. County Funds for NAMI. Proposal submitted for $90,000. When will we know this for certain? Check with Helene Board of Supervisors. Find out status from Pam RW, Erik Riera?. In mid-April County will publish preliminary budget. Do we need Board of Supervisor support. Who how when.
6. Human race Activities and needs:

Sheryl reported on efforts and meetings with Melissa, and volunteer Center. Plans include email blasts to all our contacts. Also we need to ask (beg?) all teachers, Board members, and active volunteers to create their own email letter personal story, with a link to their Human Race page.

1. Brief discussion on Scholarships for active volunteers to attend the National Convention Denver, July 7-9 and State Conference Burlingame August 26/27 Burlingame.

An email was sent to gauge the level of interest and announce scholarship availability for National to all active volunteers.

3 or 4 family members and 3 Peers have shown interest so far. Possible cost of up to $700 total expenses per person to cover registration, hotel, and travel.

Another email will be sent regarding NAMI California conference in August.

Board suggested come back with more detail: a list of people and costs for National.

Estimate of $5-7,000 travel expenses so far for both conferences..

1. Report of Advocacy committee regarding procedures of Hearing officer and Patient Advocate.

Discussion covered NAMI’s request for the county’s plans: response to our letter and address issues thoroughly. Discussion on request for new Hearing officer, change of Patient Advocates approach, requesting trainings and/or meetings that create outcomes preventing inappropriate releases. Carol to report back after meeting with county. Find out from PHF how records are kept about releases against medical advice. Much additional discussion ensued.