NAMI –SCC Board Meeting Minutes

**April 3, 2017**

Location: United Way Conference Room

4450 Capitola Rd, Suite 106, Capitola, CA 95010

Attendance: Carol Williamson, President

Board Members: Tina Landino, Hugh McCormick, Warren Barry, Melissa Watrous

Absent: Pam Gleitsman, Betsy Clark

Staff: Suzanne Williams, Administrative Assistant

Guests: Michael Neidig

1. **Meeting called to order**: 6:1pm

Approval of March 6 2017 Board Meeting Minutes

Motion by Tina; 2nd by Hugh, approved without dissent.

1. **General comments.**
2. **Programs/classes/training updates:** Sheryl & Suzanne

Both Spanish classes had to be cancelled. Yahoo Grant funded: Spanish Basics cancelled because teacher Claudia had to complete the class before leaving on a trip, and only 4 Students signed up then only 1 showed up. Spanish Familia class also cancelled unable to get enough students, and teaching team uncertain.

Two Family to Family classes ending the end of March.

1. **Speaker Meeting May 17, 2017** – After meeting with Monica Martinez at Encompass, Adrian, Sheryl, Carol, decided not the right time for her to present. Need to meet with Karla to learn more about their programs for our people and how Speaker meeting would be relevant.

Continued interest in DBT or DBT P for psychosis. Carol Pruitt? Michael Fitzgerald

Dr. Shakir on depression?

1. **Fund Raising:**

Human Race – We were in first place in first week. $5000 of the $25,000 has been raised. New volunteer Juliana helping with social media. Elena Broslovsky leading encouragement and planning with Melissa and Sheryl.
Meetings are held every Monday at 4p at the NAMI SCC Capitola office
The Theme this year is Storybook Characters. **Give More. Grant Wishes. Make Magic.**

**Everyone should create a page and send email to your friends: e.g.: “Please help me to help this organization that I care so much about……”**

Celebrate event and Tanya Gabriellian event: discussion on combining this event with the piano concert event, instead of two events.

If combined: Possible to have wine, appetizers, and raffle of big vacation item in the lobby before the piano concert. Ideas for locations: Aptos High School Performing Arts, Crocker Theater at Cabrillo, Tannery, Peace United. Where is wine allowed? Warren will check Crocker and Aptos HS?

If separate events: concert Tanya appeals to different audience..sit and listen to classical music. Maybe have art work by Front St and Tannery artists? Charge $35. 2-3 years ago did this at Peace United church. Nice opportunity for artists of Front St. and others to work on and plan for, maybe 100-150 attendees came to hear Tanya play. We bought tickets for our peers.

Barbara Monahan offered to help with concert arrangements, symphony might help us by advertising as a joint event, and providing two other musicians.

If 150 guests x $35= $5250 less expenses estimated at $2000= net profit est. $3250.

Celebrate event is more of a party Fund Raiser with a few speeches by local dignitaries. Charge $30 + and sell big item raffle tickets. Maybe skip silent auction, a lot of work? Possible locations: Chaminade, Community Foundation again, seascape golf club, Bittersweet, Severino’s, Elks Lodge. Date: early September? Late Sept.? Both tina and carol away 2 weeks in September.

**Advocacy issues**, Met with Supervisor John Leopold: Betsy, Carol, Michael Fitzgerald. He would be very supportive of a Task force to study/report on/improve crisis services. He suggested a model like Dientes used. He cannot work on it but can advocate for it and champion it.

Current crisis problems/complaints discussed. One situation of roommates trying to help manic friend. Hoping to get him into system, roommates told CSU that he was not welcome back unless getting treatment. Trying to send on to Telos. CSU staff rude, evasive, unclear to the helping young man. Manic friend released, CSU advised him of his rights to continue to live there and to not get treatment. Did not support roommates efforts. Relationships all torn asunder.

Another situation: mother and father at CSU in severe distress over son’s suicide attempt.

After leaving Dominican ER, at CSU. CSU staff rude, discounting, unsympathetic. Never heard of the AB 1424 form for families. When mother said she was extremely stressed and hadn’t slept, nurse said.. “well I haven’t slept either”. Hours of waiting, no space available.

Mother found opening at El Camino.

1. **Warm Line.** Discussion on tracking and reporting calls about complaints and problems.

We must develop a system. Processes suggested most simple: warm line responder emails the story to Carol and Sheryl, immediately, they forward to Karolin Schwartz and MH directors. Remove names if needed. Hugh wants to get copies and will forward to MH Board. Need concrete examples. Have office keep a monthly log.

1. **Finance Report,** distributed.
2. **Board study session** will be July 22, 2017

**Adjourn**