# NAMI Santa Cruz

# Board Meeting Minutes

February 7, 2017

Call to order

Carol Williamson called the regular meeting to order at the United Way Conference Rm location.

Roll call

Present: Board Members: Carol Williamson, Pam Gleitsman, Hugh McCormick, Tina Landino, Betsy Clark. Advisory Board members: Nancy Sherrod. Staff: Sheryl Lee, NAMI SCC Program Director, Suzanne Williams, NAMI SCC Administrative Assistant

Guests: Warren Barry, SCPD Lieutenant – prospective board member.; Michael Neidig, retired Clinical Social Worker from Highlands, NC; prospective volunteer for NAMI SCC

1. Approval of minutes from last meeting

The minutes were approved as read.

1. Guest comments.

Visitor volunteer Mike Neidig was welcomed. His background is as retired social worker, substance abuse counselor, and director of mh programs in North Carolina. He offers to help NAMI in many capacities, with particular interest in replicating jail support groups for people with dual diagnosis he created in NC, and presenting with the Ending the Silence program, and/or advocacy efforts.

1. New Board member applicant.

Lt. Warren Barry described his interest in serving NAMI SCC, as a family member and an officer with Santa Cruz Police Department. Discussion ensued regarding possible conflicts with NAMI’s advocacy efforts about policing. Lt. Barry replied he will recuse himself when appropriate, he has strong interest in serving NAMI.

1. Report by Pam Gleitsman on IBHAC, Integrated Behavioral Health Action Coalition

NAMI SCC was invited to be a member of this coalition. Pam and Carol attend monthly meetings.

Pam has been very impressed by the number and quality of representatives, including New Life, UCSC, PAMF, Salud Para La Gente, Janis, Homeless Service Center, County Mental Health contractors, Sutter, Dominican, etc.

The mission of the Integrated Behavioral Health Action Coalition is to **improve system-level integration of primary care and behavioral health services for all persons living in Santa Cruz County.** The Group is comprised of public, private, and safety net providers of physical and behavioral health care, advocates, and key community stakeholders.

Topic last month was: SBIRT (Screening, Brief Intervention, and Referral to Treatment (**SBIRT**), an evidence-based practice used to identify, reduce, and prevent problematic use, abuse, and dependence on alcohol and illicit drugs.)

Previous presentations have been by Pam Rogers Wyman and Carol mentioned that IBHAC has requested NAMI SCC to do a presentation at some point.

 (Meetings are held the 4th Friday of the month. Other NAMI board members welcome)

1. CORE “Collective of Results of Evidence Based (CORE) Investments*”) Grant proposal “for evidence-based safety net services that will collectively impact the well-being of the community’s most vulnerable populations. Three-year contracts will be awarded for services beginning in Fiscal Year (FY) 2017-2018 and ending in FY 2019-2020.”*

Nancy Sherrod did a fantastic job preparing this very complex grant proposal, funded by both the City and County of Santa Cruz. NAMI Requested $41,000.

Award recommendations will be made May 16, and final approval by end of June. We have big hopes, competition is strong.

See: http://santacruzhumanservices.org/HSDHome/RequestforProposals.aspxfor

1. Speaker meeting Discussions on options included
* Advocacy, human race, and speakers from existing programs
* ask the doctor (San Mateo doctors who spoke at Santa Clara)
* Continuing series on how our county works by having presentation by Encompass.
1. Fund Raising events

Human Race May 13, Celebrate October 11?, Concert Nov. 11.

Pros and cons of ideas discussed.

Elena Broslovsky & Melissa are coordinating the Human Race event for NAMI SCC. More details to follow.

Barbara Monahan has offered to be involved in event planning and fund raising. Sheryl and Carol will meet with Tanya Gabrielian, concert pianist, offering to do NAMI concert fund raiser in November. Possible connection to Santa Cruz Symphony.

1. Board Study sessions.

Plans and dates to be determined, in June or July.

1. CIT Presenters training update.

We had our third training last Saturday, 15-20 story tellers. Stories are now focused and powerful, painting the pictures of the challenging lives of NAMI families. People broke out into small groups to tell their stories and then some shared with the group. We have approximately 10 peers. The majority of the stories include positive interactions with officers, and also instructive lessons. Carol is compiling them in print with the hope of using in other advocacy efforts.

1. Advocacy efforts.

**January 12th** meeting with City Council. The meeting included former mayor Cynthia Matthews, Current mayor Cynthia Matthews, Chief of SCPD Vogel, Rick Martinez, another officer, City Manager Martin Bernal. There was one representative from each of NAMI, the ACLU, Barrios Unidos, The Diversity Center.

At this meeting, Carol expressed desire for NAMI SCC to be a part of the evaluation of the incident of the shooting and discussions on changes. The City described the process of DA investigation, internal police investigation, and the independent auditor evaluation (Robert Aaronson). City suggested the Public Safety Committee as a venue for follow up. NAMI would either like to create our own investigative committee or be a part of their process. No final decisions made.

**January 31st** meeting with new Mayor Cynthia Chase included Betsy, Carol & Michael Fitzpatrick. Cynthia Chase is a licensed social worker, and works now also as director of programs within the County Jail. She is very supportive of NAMI SCC’s causes and is open to working with us in improving services to people living with mental illness and in involving us in investigation of shooting. Michael, Betsy, Carol, shared plans for our Advocacy committee. She offered to be involved.

11. Finance Report – see report

1. Conference scholarships: NAMI CA. Newport Beach, August, National: Washington DC. July

No monies have been budgeted this year for NAMI conferences. It was proposed that perhaps NAMI SCC would cover the cost of the registrations for conference but not travel expenses. Suzanne will find out when and where next conventions are held. (NAMI CA 2018 Conference will be in Monterey at the Monterey Hyatt. The 2018 NAMI National Convention will be held June 27 – June 30 at the Sheraton New Orleans.)

1. Adjourn

**Closed Session**

1. Hiring of youth and bilingual program coordinator, part time, Hemie Ramirez. Approved.
2. Consideration of Board applicant Warren Barry. Approved.