NAMI-SCC Board Meeting Minutes

June 4, 2018

NAMI-SCC Office

**\*Annual Board Retreat will be August 11\***

Attendance: Carol Williamson, Tina Landino, Betsy Clark, Lynda Kaufman (AC), Hugh McCormick, Nancy Sherrod (AC)

Absent: Melissa Watrous, Warren Barry

Guest: Nigel Self

Staff: Sheryl Lee (for approximately 30 minutes)

1. Call to Order at 6:05 pm.
2. **Review of minutes**: Minutes were amended to correct who attended the May 7, 2018 board meeting. Betsy Clark did attend and Betsy moved that the meeting be adjourned that evening.
3. **Carol announced that NAMI’s Executive Director Janet Gulch resigned** for personal reasons, effective June 1, 2018. Carol and Betsy are working to ensure NAMI’s services remain coordinated. The Speakers’ Meeting is canceled for July. The board will meet to discuss next steps for staffing.
4. **Report on the California NAMI conference**: NAMI-SCC had 14 peers & 12 family members who participated in the conference. NAMI-SCC offered 4 workshops that were all very well received. Hugh and Cherry’s workshop was very inspirational to many and they received a standing ovation! Carol and Michael’s workshop on advocating for crisis care offered attendees many ideas on how to create working partnerships with organizations that run local psychiatric hospitals and how to get better care for those in mental health crisis. Thanks also to Melissa Watrous and Martha Graham-Walden for their leadership of a workshop on being a caring and effective sibling of someone who has a serious mental health condition.

The board discussed the slate that was offered at the conference for California NAMI board members. It was noted that there were no peers on the slate and only one woman. Further discussion noted that NAMI is a grassroots organization that was initially “run” primarily by women/moms. So it keeps evolving. Nigel was appreciative of being able to attend through NAMI’s sponsorship and said he made a lot of contacts there that will be useful as he works on the Laura’s Law project.

1. **Telecare advocacy update**: Carol & Betsy reported. 85% of the issues have been resolved. The issue of coordinating labs has almost been resolved. Noted that Chad’s leadership & commitment to improvements has been excellent. The grand jury report was discussed. The article in the Sentinel by Michael Todd misrepresented some facts about access to Telecare.

Bottom line: our county needs more beds for crisis care and for structured setting support.

1. **Beauty Within event & Human Race:** Numbers not in for HR yet, as donations can go through May 31, but we are confident we raised at least $20K. Beauty Within also netted about $20K. The concert was a great success. Hope to have it again in two years.
2. **The Annual Board Retreat is set for Saturday, August 11**. Carol will check with Melissa & Warren to make sure they are available. Nancy will facilitate. Board discussed topics and came up with:
3. NAMI employees: staffing structure, benefits, policies
4. Advocacy for the next year: need to discuss and prioritize. Topics to consider include the following:

* Housing
* Laura’s Law
* Jail (Hugh is on MHAB sub-committee & can offer us updates)
* Treatment options that could include in-home care, step-down care

The board did a quick review of the lack of options for supportive structured settings within the county. Opal Cliffs and Darwin St House closed as the county determined it could not afford these 24-hour staffing options. The Whole Person project is not fulfilling its vision yet. Front St. has 2 FT staff opens for Peers to help peers with life skills. El Dorado still open.

Carol noted that the county will be holding stakeholder meetings regarding MHSA services & allocations this summer and wants NAMI’s help to get people to the meeting.

**8. Classes:** Peer to Peer will start August 25, with Annie coordinating. Fay Rector will take over coordinating F2F for Joanne Yablonsky, who has served in this role for over 12 years.

9. **Financial Update:** Nancy distributed our P&L through May 2018. Key points:

* 1. Our revenue shows $70K of net income as of this report.
  2. The Human Race is not entered yet as donations were extended through May 31. Estimates are $20K+ revenue.
  3. There were several one-time grants/donations this year: Sereno Real Estate ($17K+) & Yahoo ($20K+).
  4. NAMI has not had full staffing costs this year, as our adopted 2017-18 budget was built with 9 month Executive Director costs and other staffing costs that were not encumbered.
  5. Current assets are at $263K, with $9,500 in liabilities

Warren has asked for more regular budget review at Board meetings. Carol and Nancy will meet with Warren to also go over the budget.

**10. Laura’s Law discussion:** Nigel updated the board on the progress of his work on this project. He is working with a SCORE volunteer executive to assist him and he is seeking a volunteer administrative person. After discussion, the board approved having a blurb in the NAMI newsletter about the project. Nigel will submit.

Meeting adjourned at 7:45 pm. Moved by Tina, second by Hugh