

NAMI –SCC Board Meeting
Sashmill Location, 303 Potrero, Santa Cruz
November 4, 2013, 6:00 - 7:30 P.M.
Minutes

CALL TO ORDER: Carol Williamson, President, called the meeting to order at 6:05 pm. Present were, Carol Williamson, Lynda Kaufmann, Louise Loots, Melissa Watrous, Susan Warrens, Don Hilbert,. Absent was Jim Williamson, Rama Khalsa, Tina Landino.

1. Approval of Minutes of October 7, 2013 as moved by Don, second by Susan, all approved..
2. Report on MENTAL HEALTH SUMMIT October 26, 2013
Carol, Rama, Lynda attended the Summit with about 50 other clients (Peers), family members, and providers, arranged by Peers from Second Story. Guest speakers from included speakers from recovery movement Michael Cornwall and others. Personal stories of transformation were shared by Peers Adrian Bernard, Malin Ashby, Stephen Dubose, Jennifer Bahr, Jamie, and several others. Also by family members Joanne Yablonsky and Emily Chapman. Six break-out groups developed lists of things needing improvements, separated by priorities for first three months, and for long range plans.
Group will meet again Nov. 16th. Intention is to promote discussion of alternative treatments and to build collaboration between all concerned.
3. MHCAN Holiday Party
Plans for party discussed. Carol requested approval for advance expenditures of \$7,000 for jackets for 270 guests. Other gifts might be note pad and pen, candy, socks, rain ponchos, knitted hats, scarves, wallets. Fund raising efforts are underway.
4. Board Report, letter by Carol Williamson, of October 6.
Letter distributed and reviewed again with Board. No questions were asked. Lynda Kaufmann requested that renewal of membership letters be sent again by mail to those whose memberships have expired.
5. Plans for Speaker meeting Nov. 20.
Dr. Vanessa de la Cruz, new Chief of Psychiatry at County will speak on medications for addictions and dual diagnosis. Also, Ron Duldey will speak about the Affordable Care Act, how to sign up, etc.
Scott Winslow will speak about services available from the Central Coast Center for Independent Living.
6. Updates on County Childrens Mental Health:
NAMI members have had two meetings with Children's Mental Health regarding lack of help for non-MediCal families. Group will continue to meet. Attendees included new MH Director Eric Riera, Pam Rogers-Wyman, Dane Cervine Dir. of Children's MH. NAMI Representatives are Emily Chapman, Sheryl Lee, Debra Sloss who express the many difficulties for families who need help here, with services like available only over the hill, like 'Aspire' at El Camino Hospital. The current lack of assessments and navigational crisis help is extreme. County managers are working on new grant for crisis services and will incorporate this need for advocacy and navigational help in planning, and review with NAMI.
7. Updates on County application for Crisis funds Grant.
Discussions with County include Police and Sheriff training. Retired chief of Police came from San Jose to talk to Rama Yana, Pam, Carol about CIT training, and what to put into grant requests.
8. New Business
Discussed some situations.
We don't have a mental health court, and the County is soon eliminating the Drug Court.

Meeting adjourned at 8:30.