

NAMI –SCC Board Meeting
Sashmill Location, 303 Potrero, Santa Cruz
December 2, 2013, 6:00 - 7:30 P.M.
Minutes

CALL TO ORDER: Carol Williamson, President, called the meeting to order at 6:05 pm. Present were, Carol Williamson, Lynda Kaufmann, Louise Loots, Melissa Watrous, Susan Warrens, Tina Landino, Don Hilbert, Sheryl Lee. Absent was Jim Williamson, Rama Khalsa.

1. Approval of Minutes of November, 2013 as corrected for small typos, moved by Susan, second by Tina, all approved...
2. Report on MHCAN Holiday Party planning. Melissa has spend \$5882 to date on 264 jackets, and \$6163 when include other gifts of toothpaste, shampoo, toothbrushes. Averaging \$22 per person. At this time, we have over half of sign up needs met. We still need sign-ups of 9 turkeys, 5 stuffing, 13 potatoes, and 24 pies. Sheryl and Carol working on finding ovens for sweet potato team. Still need to pay for additional gifts like rain ponchos, candy and the sweet potatoes.

The Board approved expenditures up to \$8000. Board approved up to \$250 in \$25 gift cards for MHCAN peer workers who will move furniture and other work for event.
3. NAMI Provider Team presented to 50 – 60 Telecare staff during their 3 day training. We were very well received. Each spoke of their background story, their NAMI programs, and their message to Providers.
Thanks to Richard, Ellen, Hugh, Emily, Loren, Carol
4. Ribbon cutting event for new BHC will be on Dec. 11th at 2 p.m. Carol invited to speak.
5. The NAMI parents of youth group leaders Sheryl, Emily, Debra Sloss, met with County Children’s Mental Health sharing serious concerns about crisis needs. New Director Eric Riera in attendance with Dane Cervine and Pam Rogers Wyman. More commitment to helping non MediCal families. NAMI to help with sharing knowledge of referrals. Meetings to continue regularly. County is including Family navigators in Crisis Grant application.
6. Same team met with pediatrician Dr. Bruce Block at PAMF. He is working on developing services of psychiatric expertise for children through PAMF. Meetings to continue.
7. Discussed application by County for competitive grant for crisis services. Eric Riera to submit by January. NAMI gave input on needs for Family Navigators, and Mobile Crisis capabilities, liason to law enforcement from County MH. Police and sheriff need training.
8. Judy Williamson did not come to speak to Board as planned due to family urgencies.
9. Mental Health Summit, what’s next? Discussion of merits and difficulties of involvement with this effort. Not high priority but will stay involved in some way.
10. Topics for January speaker meeting. 1. Attorneys, 2. Decision aking for family members: live at home? Lock? Conserve? Private case managers and other services of psych nurse, therapist, fiduciary 3. Special needs trusts. Lynda will explore ideas and invite speakers.
11. Reports on trainings: IOOV presentations are happening 2 to 5 per month. Sheryl: Ending the Silence scheduled in several schools. PTAA will be modified to a presentations for parents of Cypress. Lots going on with schools.
12. UCSC psych. Classes went well with more NAMI speakers, and break out groups after lecture. Great thank you letters from students.
13. Financial reports presented. Year end reports will be presented Feb 1st.
14. Meeting adjourned at 8:30.