

NAMI –SCC Board Meeting
Sashmill Location, 303 Potrero, Santa Cruz
June 3, 2013, 6:00 - 7:30 P.M.
Minutes

Call to Order

1. Carol Williamson, President, called the meeting to order at 6:05 pm. Present were Susan Warrens, Don Hilbert, Tina Landino, Carol Williamson, Lynda Kaufmann, and Melissa Watrous. Absent was Jim Williamson.
2. Minutes of May 6 were approved with one correction, that Lynda K. was in attendance at meeting of May 6th. Moved by Susie, second by Lynda, approved by all.
3. Presentation of new websites. Webmaster Sheryl Lee demonstrated the new websites namiscc.org, and namisccparents.org for parents of youth under 18. This initial presentation of the namiscc.org site showed all information from the previous site moved into an attractive and easy to navigate format. It is a major improvement over the previous site, which was a micro-site of NAMI National, older HTML format, difficult to update. This new site has potential to add many resources. The other site for parents of youth was created by Sheryl to respond to the huge needs for parents of youth to find help. It includes information on school IEP's, special school programs, pediatric hospitalization, residential treatment centers, psychiatrists, therapists for kids. Discussion and many questions ensued. Board agreed to review sites and give input. The Board expressed their gratitude and excitement for these new tools. Lynda K. requested Board minutes and agendas added to website to encourage more participation at Board meetings. Board requested stating disclaimers on lists of providers. Experience with serious mental illness is rare. Lynda K. suggested looking at Network of Care website for providers who have been vetted. Rama noted be sure to add local County Contractors like SC4 and Community Connections, Mariposa, etc. to adult site namiscc.org. Ellen and Rama named a few people for psychological testing and for therapists, with experience in NAMI's areas.
4. Grant from Palo Alto Medical Foundation (PAMF). Carol announced that we were awarded the grant for \$10,000 along with an additional \$5,000 in matching funds to funds raised for the NAMI Walk by NAMI Santa Cruzers. The grant includes funds for web design and maintenance, program coordination assistance, and a literature distribution project. Many thanks to Nancy Sherrod for volunteer assistance.
5. Board approved request to return to Board with revised independent contractor agreement for Sheryl Lee now that PAMF grant has been granted. Moved by Rama, second by Lynda, passed.
6. Discussed excellent evaluations received from 20 students of Provider Education class.
7. With PAMF donation, Literature Distribution project will be coordinated by Loren Crabb. Independent Contractor agreement will be developed. Brochures will be ordered. Project will keep NAMI materials in doctors' offices, clinics, schools, churches. A new NAMI SCC membership and information brochure will be created. Volunteers will each have a neighborhood of responsibility to keep stocked with brochures. Another coordinator is needed to order and keep inventory for the project. Looking for interested people.
8. The first four Ending the Silence presentations were made by Sheryl, Adrian, and Carol at Delta HS, students in May. High School students were very appreciative and reported that the program, especially hearing Adrian speak, was the greatest stigma reduction thing they learned in their whole semester about stigma and mental illness.
9. Melissa Watrous reported on success of the Walk with income of an amazing \$19,000 making NAMI SCC the #1 fund raising team in the Bay Area, and Susan Warrens the 3rd highest fund raiser.
10. Financial report for May was submitted.
11. New Business: Parity. Rama K announced that the 2014 implementation of federal requirements for mental health care by insurance plans, is at risk in California. She will draft a letter of advocacy.
12. Meeting adjourned at 7:50