

NAMI –SCC Board Meeting  
 Sash Mill Location  
 Monday, December 1, 2014, 6:00 p.m.

**Minutes**

CALL TO ORDER: Carol Williamson, President, called the meeting to order at 6:00 pm.

Present were Carol Williamson, Melissa Watrous, Tina Landino, Jorge Mendez, Susan Warrens, Lynda Kaufmann, Jim Williamson, Ken Thomas, Sheryl Lee

Absent were Don Hilbert, Rama Khalsa,

1. Approval of Minutes of Nov 2014, moved by Jim, second by Susan, all approved.
2. **Discussion: Family Advocacy and County’s invitation for Innovative Programs submittals**  
 At the last County Mental Health Community Meeting, the intentionally vague Innovative Project proposal was given to the attendees. They are leaning toward integrating Families and Peers into the system of care. Of the 3 proposals given, board members were supportive of focusing on supporting families with emerging illness and crisis. Need to make sure navigator’s views are respected. Carol met with Erik prior to the Community meeting to give him our old job descriptions and examples of other county programs. Board members talked about importance of being knowledgeable of options in and out of the County’s System of Care and appreciates the idea of bringing everyone to the same table. We recognized the benefits of being included in the Mobile Crisis Unit, as this is a large county project with a lot of visibility and backing. It is very important that we are clear on desired outcomes and to stay focused on those so we don’t spread ourselves too thin. We need to prioritize those outcomes. Collaboration would make a huge difference for our families. Need to keep the Navigator and our Phone Team connected.
3. **Discussion: Hearing Officers role in BHU decisions**  
 Dec 16<sup>th</sup> – Carol is meeting with Hearing Officer to better understand her guidelines and decision process. She will be sharing stories of outcomes of the Hearing Officer’s decisions and will make her aware of trainings that may be helpful in guiding her decisions.
4. **Finance Report** – Jim reported that we continue to be fiscally sound. He will be working on next year’s budget. We may be able to receive some help with the \$2500 cost of the IOOV trainings. Front Street has given us a proposal that maps out \$38/hr for bookkeeping services and \$25/hr for the other things Jim is responsible for. He is planning a campaign to local businesses with the message, “We support your employees so you should support us.” United Way write in for county programs. There was some discussion on how to budget to support our Strategic Plan. What resources do we need and how can we support them to move forward?  
 Send out Gift Giving Envelopes was moved by Jorge, second by Lynda, all approved.  
*Jorge, Melissa and Jim form a Fundraising Committee was moved by Lynda, second by Tina, all approved.*
5. Action Item: Renewal of Contract with Sheryl Lee (NOT DISCUSSED)

Assigned to	Description	Status
Carol Williamson	Task Force created to draft a Family Advocate Proposal.	Ongoing
Jorge Mendez	recruit family members to attend a Spanish language class. Jorge will also check with the Mariposa Center to identify possible students and teachers.	Ongoing
Jim Williamson	find the Family Advocate job descriptions and redo to fit our needs.	Done
Jim Williamson	report costs of outsourcing some of the Treasurer duties to Front Street.	Done

**New Business**

Next meeting revisit Strategic Plan and identify next steps and needed resources.

## Reports

- Status: Crisis Intervention Training planning
  - a. An invitation to the second planning meeting on Dec 9th has been sent out by Pam Rogers-Wyman to the law enforcement attendees of the first meeting. Second mtg. postponed from the last attempt due to Halloween, and then postponed in order to assure Judge Heather Morse's attendance on Dec 9. Response is poor. Will send reminders.
  - b. NAMI will provide lunch sandwiches to encourage attendance. Estimate \$180.
  - c. See handout: The 5 Legged Stool for description of CIT intentions.
- Peer to Peer
  - a. Graduation December 18, taught by Loren and Hugh first 6 weeks. Hugh requested break from NAMI work until Jan. Hugh was replaced by Jenna for next 4 weeks. Loren would like to start two classes in Jan to accommodate people who need an evening class, and one more in Spring, for total of 4 per year. Funding from County is for 3 at \$2475 per year.
- Family to Family
  - a. Joanne has returned from PA, at her mother's passing, and caring for her brother, and is back on duty for F2F coordinating. Thanks to Dyana Zweng for covering in her absence. Class scheduled to start in Jan. and another in Feb. Mike and Jean Beebe cannot teach due to son Justin's accident in New York. He is still in a coma. Our prayers for them all.
- Youth programs. ETS, PTA, and LETS
  - a. Many presentations going on by Sheryl Lee and Emily and their team. SCCOE pays \$100 to NAMI for each presentation. Contract for \$5000 from SCCOE promised but not received.
  - b. Cypress High School starting a LET'S club. Delta considering a club with Cabrillo. The LET's organization will partner with NAMI Santa Cruz as one of their pilot programs, thx to Sheryl!
- Spanish speaking group and de Familia a Familia Class
  - a. Newly trained bilingual teacher Juanita Sanchez and daughter Rosa Sanchez (not trained, not bilingual) will meet with two newly trained Monterey teachers, possible joint class in Salinas.
  - b. Carol sent email to about 7 supporters of Spanish class including past teachers, to share contact info. Little response so far. Hard to get traction on this.
- Holiday party
  - a. Planning meeting on Tuesdays at 2:00. Sign up lists for food and workers are filling up. Still need several items, especially turkeys, mashed potatoes, apple juice.
  - b. Expecting 400, last year sign in list indicated 412 guests. MHCAN workers think 75% were people who are both mentally ill and homeless.
  - c. Melissa buying 225 jackets, and 225 gift bags consisting of socks, personal hygiene sets, candy. Underwear, ponchos, and 60 sleeping bags. Total costs anticipated \$8-9,000.
- Peer Connections Recovery support group at MHCAN
  - a. Attendance is down. Heather Burke doing most of facilitating, and Loren Crabb.
  - b. Payments approved by Board. \$30 stipend per event weekly. \$30 to one facilitator or \$25 to each if two facilitators (2 are preferred)
- Phone responders meetings
  - a. Trying to schedule Dec 16-19<sup>th</sup>, or possibly meet with Support Group facilitators in Jan. Need to talk about Resources.
- In Our Own Voice
  - a. Very successful training of 10 new presenters Nov 15/16. Costs approximately \$2500. There is hope that NAMI CA will help by reimbursing us this training expense.
  - b. Now 16 total have been trained. About 12 are now active.
  - c. Carol W will coordinate through Dec. Schedule is complicated in order to allow new presenters to first attend as an observer, and then as co-presenter with experienced presenter, and by mid Jan. all should be ready to co-present with anyone else. Kaitlin and Loren interested in helping with coordination in Jan.
  - d. Current regular schedule is twice a month at the BHC, and twice a month at El Dorado. New requests for IOOV presentations from Mormon church and from Dominican Hospital.
  - e. We no longer receive reimbursement of \$60 per event from previous State CalMhsa grant.
  - f. We were not awarded the grant we applied for from CalMhsa Speaker's Bureau grant for Stigma Reduction through Each Mind Matters. Application denied due to "Very competitive, high number of 80 applicants and comparatively smaller geographic area impacted". Costs are \$240 to \$400 per month with current schedule, with no income designated to cover this cost. Suggest funding request from BHC and El Dorado or County after team is better established in Jan.