Community Resources:  
Preparing Inmates (And Their Families) for the Outside

Your friends and loved ones will most likely be leaving jail at some point, and it’s important to prepare them, and yourselves, for that occasion. Re-entry is an important time; numerous factors contribute to whether former-inmates successfully transition from jail in to the community or return to incarcerated life. There are many local programs, services, and community resources that can help ensure that returning to jail is not an option or a possibility.

Of course, people face many obstacles when they leave jail – including those they may have encountered before becoming incarcerated. Serious issues like unemployment, mental health challenges, low self-esteem, drugs or alcohol abuse, and familial drama can affect re-integration attempts. Jail removes individuals from the support networks they once had, and upon release, inmates can easily find themselves completely overwhelmed and alone.

In general, jails fail to prepare inmates for the intense and immediate needs they will face upon release. The enthusiasm and joy that comes with freedom, and “walking out those doors” can quickly slide into a state of desperation and panic. Released inmates and their friends and loved ones need to be on the same page – with a plan- preparing for release far in advance of the actual date. This guide will help you formulate that plan.

Being in jail affects inmate, their families, and their friends. Leaving jail can have the same impact. Hungry? Need Housing? Need benefits or medications? Here you will find the names and contact information of scores of organizations offering homelessness support and shelter, showers, mental health services and support groups, transportation, drug, alcohol, and substance-use treatment, drop in programs, food resources, safe bathrooms, community involvement opportunities, employment help, benefits and insurance counseling, inpatient and residential programs, and emergency services.

The wide array of services provided by organizations in Santa Cruz County are specifically designed to address this intense time of transitioning and re-acclimation. There are organizations and programs who work tirelessly to ensure that inmates get back on their feet and become healthy members of the community once again.

Friends Outside: Pamphlets and information about one of the best (but little known and under-utilized) organizations in Santa Cruz County. Friends Outside offers a multitude of amazing, free programs for current inmates, those preparing for release and transitioning, and their families. The organization employs a team of reentry advocates, aftercare case managers, life coaches and mentors, and benefits advocates. It provides in-custody services including jail visitation, re-entry and medical information classes, pre-release planning, and Medi-Cal enrollment. Case managers help facilitate post-release plans and provide services and support like food referrals, hygiene kits, clothing vouchers, assistance with probation terms, counseling and medical referrals, and assistance with job searches and Medi-Cal/food stamps enrollment. AB 109 and W.R.A.P. programs are a key component of the Friends Outside post-release programming. They are committed to helping families of those incarcerated, offering
information about visitation, locating friends and loved ones in the prison system, and providing legal advice, and referrals to criminal justice agencies. The Santa Cruz program knows that incarceration effects the entire family, and holds children’s events and activities too.

Santa Cruz Free Guide: This is a simple guide providing information on community resources, meals, showers, restrooms, groups, and safe spots in Santa Cruz County. The Guide is perfect for inmates being released with little support, options, or direction.

Project Homeless Connect Resource Guide: This is a nicely compiled guide detailing employment, legal, veteran, older adult, family, food, housing, addiction, and health resources in Santa Cruz County. It contains a collection of programs and resources available in both North and South Counties.

NAMI Santa Cruz County Resource Guide: This is an extremely in-depth guide with a mental health focus. It identifies support groups, religious supports, inpatient/residential programming, substance use recovery resources and support groups, community involvement, anger management, family services, and basic support services for individuals.

Custody Alternative Programs FAQ: A breakdown of the Custody Alternative Program – work release and electronic monitoring. Work is performed in lieu of doing time in the County Jail.

Santa Cruz County Legal and Community Resources: This legal guide enumerates lawyer referral, legal research, child support services, and legal, immigration, process server, and other legal-community resources.

To provide feedback, comments, questions, and to correct errors please contact JailPacket@gmail.com

Date Written: April, 2021
SHELTER (*Star designates SmartPath Assessments available, also at smartpathsc.org/homeless/)
Santa Cruz County Shelter Referral Hotline 831-291-5098 | covid-19homelessresponse@santacruzcounty.us
SC Emergency Shelter Email for a spot, or meet shuttle at 6pm 115 Coral St. | wintershelterssantacruz@gmail.com
Warming Center Program Hotline: (831)246-1234 | Opens at 38° or below/extreme rain events. Call hotline for info
*Housing Matters Receiving County Referrals | ask staff for a Shelter Referral | 115 Coral St. | (831)-458-6020
Paul Lee Loft Shelter (HSC) 831-458-6020 | River Street Shelter 831-459-6644 | Rebele Family Shelter (831) 458-6020
Faith Community Shelter Temporary shelter for families & single adults, via local church sanctuaries | (831) 332-8151
Jesus, Mary and Joseph Home Faith-based shelter for women & children | 132 Lennox St | (831) 459-8046

RESOURCES
Footbridge Services Center | 150 Felker St. Suite H | (831) 246-1234 Storage, Device Charging, Clothing & Blankets
EVERYDAY 8am-10am & 5pm-7pm | Laundry Turn in laundry in our 13 gallon bag any shift before Tuesday Night 7pm
Homeless Persons Health Project Free Medical Care | 115 Coral St. | (831) 454-2080 | Mon, Wed 8-5pm; Tues, Thur 1-5pm; Fri 8-3pm
Downtown Streets Team A work experience approach to overcoming homelessness | 418 Front St., | Thurs 12:30pm | (831) 713-3708
SCC Veterans Office Services for Veterans & Families 842 Front St. | (831) 454-7276
*Mental Health Client Action Network (MHCAN) Peer Support, Classes & Counseling | 1051 Cayuga St. | (831) 469-0462
Walnut Avenue Family & Women’s Center Domestic Violence Support | 303 Walnut Ave. | (831) 426-3062 | 24 hr (866) 269-2559
Refuge Recovery Buddhist-inspired path to addiction recovery | Body & Soul Healing Ctr | 738 Chestnut St. | Mon & Fri 7:15pm, Sun 11am
New Life Recovery | (831) 427-1007 | 707 Fair Ave. | Janus of Santa Cruz Recovery | (866) 526-8772 | 200 7th Ave., #150
Free Syringe Exchange Mon 8-12pm, Tues 5-7pm, Fri 8-11:30am | 1060 Emeline Ave. Rm 105 (Use north entrance Bldg F)
Santa Cruz Public Library 24 Hr Free Public Wifi | 224 Church St.
SC Veterinary Street Outreach scanimalshelter.org/healthy-pets-for-all
Suicide Prevention Talkline 1-877-ONE-LIFE | 1-877-663-5433 | Crisis Textline 741-741
Tenant Sanctuary Free Info/Counseling about tenants rights | 10am-2pm Tues, Thurs, Sun | 831-200-0740 info@tenantssanctuary.org

MEALS
Second Harvest Food Bank Hotline to free food locations | (831) 662-0991
Saint Francis Soup Kitchen Mon-Fri 12-1pm | 205 Mora St. (off River St., behind San Lorenzo Garden Center)
Homeless Garden Project Tues-Fri 10am | Delaware & Shaffer (garden work for lunch)
Grey Bears Thu & Fri 7am | 2710 Chanticleer Ave. (work for groceries & lunch)
Manna Ministries Sat Noon | 7600 Soquel Dr. Aptos, Resurrection Catholic Community Church lot

SHOWERS
*Homeless Services Center Mon-Sun 7:00am-2:30pm | 115 Coral St., Santa Cruz
Shower the People Tues 5:30-7:30pm | Sat 11:30pm-2:30pm | Resurrection Church | 7600 Soquel Dr., Aptos
Shower the People Wed 3:30pm - 6:30pm | Trinity Presbyterian | 420 Melrose, SC (Behind Safeway, off Morrissey)
Footbridge Services Center Sunday 11am-2pm | 150 Felker St Suite H

RESTROOMS & PORTABLE TOILETS
Depot Park Restrooms , drinking fountain | Sunrise - Sunset. | 119 Center St
De Laveaga Park Restrooms, drinking fountain, Phone | Sunrise - Sunset, | 850 Branciforte Dr
Harvey West Park Restrooms, drinking fountain | 7am - Sunset, | 326 Evergreen St.
Ken Wormhoudt Skate Park 9am-Sunset | 225 San Lorenzo Blvd at Riverside Ave 
Book Shop Santa Cruz Restrooms | Mon-Thu 9am - 10pm | Fri-Sat 9am-11pm | 1520 Pacific Ave
SCPL Downtown Library Portapotty | 224 Church St.
Santa Cruz Parking Garages 6am-10pm | Locust & Cedar (also) Soquel Ave & Front St

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Nov 18, 2020 • santacruzfreeguide@gmail.com • www.santacruzfreeguide.org
**New Life Community Services**  
707 Fair Ave, Santa Cruz (831)427.1007  
Rehabilitation center, M-Sun, 7:30a-11:30p

**Pajaro Rescue Mission**  
111 Railroad Ave, Royal Oaks (831)724.9576  
Men only shelter, bring ID before 7p.

**Pajaro Valley Shelter Services**  
115 Brennan St, Watsonville (831)728.5649  
Women & children shelter.

**Planned Parenthood Clinics**  
1119 Pacific Ave, Ste 200, Santa Cruz (831)426.5550  
938 S Green Valley Rd, Watsonville (831)724.7525

**River Street Shelter**  
115C Coral St, Santa Cruz (831)459.6644  
Single adult shelter, check-in wait list from 2:30p-4:30p.

**Salud Para La Gente Medical Clinic**  
204 E Beach St, Watsonville (831)728.0222  
M-Th 8a-7p, F-Sa 8a-5p

**Salvation Army**  
721 Laurel St, Santa Cruz (831)426.8365  
214 Union St, Watsonville (831)724.3922

**Santa Cruz AIDS Project**  
716 Ocean St, Santa Cruz (831)427.3900

**Santa Cruz Community Health Centers**  
21507 E Cliff Dr, Santa Cruz (831)427.3500  
M-Th, 8a-8p, F 8a-5p

**Santa Cruz County Health Services Centers**  
1080 Emeline Ave, Santa Cruz (831)454.4000  
9 Crestview Dr, Watsonville (831)763.8400

**Santa Cruz County Substance Use Disorder Services**  
1400 Emeline Ave, Santa Cruz (831)454.4050

**Santa Cruz County Veterans Services**  
842 Front St, Santa Cruz (831)454.7276

**Santa Cruz Human Services Department**  
18 W Beach St, Watsonville (831)454.4036

**Santa Cruz Public Defender**  
2103 N Pacific Ave, Santa Cruz (831)429.1311

**Santa Cruz Superior Court**  
1 2nd St, Watsonville (831)786.7200

**Santa Cruz Women's Health Center**  
250 Locust St, Santa Cruz (831)427.3500  
M-Th, 8:15p-8p, F, 8:15a-5p, Sa 8:15a-1p

**Second Harvest Food Bank**  
800 Ohlone Pkwy, Watsonville (831)722.7110  
501 Soquel Dr, Ste F, Santa Cruz (831)426.8824  
M, Tu, Th, 8:30a-4:30p, W 1p-4:30p, F 8:30a-12p  
114 E 5th St, Watsonville (831)722.1333  
Tu (by appt.), 1p-4p

**Senior Citizens Legal Services**  
This guide is not comprehensive to all services available for persons experiencing homelessness in the county. For any needs not listed, please call 2-1-1, a 24/7 free, multilingual phone service connecting people with social services in Santa Cruz County or visit www.211.ca.org.  
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**Senior Network Services**  
1777 Capitola Rd, #A, Santa Cruz (831)462.1433  
Tu-F, 9a-4p

**Si Se Puede**  
161 Miles Lane, Watsonville (831)296.1521  
Men only residential treatment of abuse & addiction.

**Siena House Maternity Home**  
108 High St, Santa Cruz (831)425.2229  
Housing for single pregnant women (clean & sober).

**Sobriety Works**  
8030 Soquel Ave, #103, Santa Cruz (831)476.1747  
M-F, 9a-5p

**St. Francis Soup Kitchen**  
205 Mora St, Santa Cruz (831)459.6712  
Food & clothing, M-F, 12-1p; Shower, M-F 11a-12:45p

**Street Outreach Supporters (SOS)**  
(831)239.0657 Call for all drop-off locations  
Needle exchange.

**Suicide Prevention on the Central Coast**  
(831)458.5300  
24 hour crisis line.

**Veterans Resource Center**  
1658 Soquel Dr, B, Santa Cruz (831)477.7515  
Housing & financial assistance.

**Veterans Transition Center**  
220 12th St, Marina (831)883.8387  
Transitional housing & case management.

**Walnut avenue Women's Center**  
303 Walnut Ave, Santa Cruz (831)426.3062  
M-F, 9a-5p

**Watsonville Community Hospital**  
75 Nielsen St, Watsonville (831)724.4741  
24 hour emergency care.

**Watsonville Law Center**  
315 Main St, #207, Watsonville (831)722.2845

**Women, Infants & Children**  
2901 Park Ave, Ste A1, Soquel (831)457.2273  
Support services for women with cancer.

**Women Care**  
201 Park Ave, Ste A1, Soquel (831)457.2273  
Support services for women with cancer.

**Women’s Crisis Support/Defensa De Mujere**  
1610 Walnut Ave, Santa Cruz (831)426.8856  
$300, F 9a-5p

**Workforce Santa Cruz (EDD)**  
2045 40th Ave, Capitola (831)464.6286  
24 hour emergency: 1.888.900.4232

**Youth Services**  
2709 Mission St, Santa Cruz (831)429.8350  
241 E Lake Ave, Watsonville (831)688.8856  
M-F, 9a-5p
NAMI Santa Cruz County Help Line
The help line offers nonjudgmental support to individuals and families during times of need as well as guidance on how to get help.

(831)-427-8020
Leave a message and someone will return your call within 24 hours

Mental Health Emergency Services

Santa Cruz County Behavioral Health Access Team
1-(800)-925-2335/24 hours a day

Walk-in crisis services:
M-F/ 8:00 am – 5:00 pm
1400 Emeline Avenue, Bldg. K.
Santa Cruz, CA 95060

Crisis Stabilization Program (CSP) and Psychiatric Health Facility (PHF)
(831)-600-2800/ 24 hours a day
2250 Soquel Avenue, Santa Cruz

Mental Health Liaisons to Law Enforcement
(831)-471-1131
SC Police Department: 7 days/week
SC Sheriff’s Office: 6 days/week
Watsonville Police Department: 5 days/week
Ask for Mental Health Liason

Monarch Services for Domestic Violence
Watsonville Office:
(831)-722-4532
233 East Lake Avenue, Watsonville CA

Santa Cruz Office:
(831)-722-4532
1509 Seabright Avenue, Santa Cruz CA

24-hour Bilingual Crisis Line:
1-(888)-900-4232

Online at www.monarchscc.org

Support Groups

For more information about NAMI Support groups, visit namiscc.org or call (831)-824-0406

NAMI Peer Connection Recovery Support Group
For adults living with mental illness
Mondays/ 12:30 pm - 2 pm
MHCAN at 1051 Cayuga St., Santa Cruz

Wednesdays/ 1:00 pm - 2:30 pm
Sash Mill at 303 Potrero, Bldg 42, Suite 103

NAMI Support Group for Family Members of Youth/Young Adults (16-26)
For families and friends of youth living with mental illness
First and third Thursdays of the month/ 6:30 pm- 8:30pm
542 Ocean St., Suite F, Santa Cruz
NAMI Family Support Group
For families and friends of those living with mental illness

Thursdays/ 7:00 pm - 8:30 pm
Live Oak Family Resource Center at 1740 17th Avenue, Santa Cruz

NAMI HOPE Bipolar Disorder and Depression Support Group
A Christian based support group for both families and peers

(831)-336-5740
Second and fourth Tuesdays of the month/ 6:30 pm - 8:15 pm
Santa Cruz Bible Church at 440 Frederick St., Santa Cruz
Room 22, 2nd floor of Worship Center

C.H.A.D.D. Attention Deficit/ Hyperactivity Disorder Support Group
For parents of children and teens:
Second Wednesdays of the month/ 6:30 pm - 8:00 pm
Aptos Fire Station at 6934 Soquel Drive, Aptos
For more information visit www.chadd.net/436 or contact Judy Brenis at jbbrenis@comcast.net

For adults with ADHD:
Fourth Wednesdays of the month/ 6:30 pm - 8:00 pm
(same contact/address info as above)

Parents with Hope (affiliate of Al-Anon)
For friends and family of those suffering from substance abuse

(831)-688-1792
Sundays/ 6:30pm - 7:45pm
Inner Light Center at 5630 Soquel Drive, Soquel

For more information about Twin Lakes Church Support Groups, contact care@tlc.org or (831)-465-3368
Twin Lakes Church is located at 2701 Cabrillo College Drive, Aptos CA

Twin Lakes Church Living Grace
A peer support group for individuals living with mental illness

Mondays/ 7pm in room 8142

Twin Lakes Church Family Grace
Two Christian based support groups for friends and family of those with mental illness

Mondays/ 10:00 am in Room 8112
Mondays/ 7:00 pm in Room 7105

Twin Lakes Church Through Cancer With Care
An opportunity to connect with those who understand what you’re going through.

Second and Fourth Sundays of the month/ 9:00am - 10:30am
Room 7105

Twin Lakes Church GriefShare
A support group to give help and encouragement after the death of a spouse, family member, or friend. Sessions begin in the Fall and Winter. Contact Twin Lakes Church for more information.

Twin Lakes Church Big Hearts
A support group for caregivers. There is encouragement from scripture, prayer support and exchange of ideas.

First and third Thursdays in room 7107. Contact galeolsondesigns@gmail.com for more information
Inpatient/Residential Programs

Front Street Housing Support Team
Provide mental health support services and assistance with locating, leasing, and maintaining housing.

(831)-466-9307
M-F/ 9:00 am - 5:00 pm
Old Sash Mill at 303 Potrero St., Bldg 42, Suite 101, Santa Cruz CA

Encompass Supported Housing
Provides stable, permanent, affordable housing for low-income individuals with psychiatric disabilities.

(831)-459-0444
Applications are available at 380 Encinal Street, Suite 200, Santa Cruz CA

Telos
Short term crisis residential program that serves as a diversion to psychiatric hospitalization.

(831)-476-4184
3035 Prather Lane, Santa Cruz CA

Coastal Turning Point
Provides counseling, substance use, and/or mental health recovery services via inpatient and outpatient programs.

(831)-234-2010
M-F 9:00 am - 9:00 pm
Saturdays: 8:00 am - 5:00 pm
147 South River St, Suite 24A, Santa Cruz

Online at www.coastalturningpoint.com

Dual Recovery Anonymous (DRA)
For those wanting to stop using alcohol/other drugs and a desire to manage an emotional or psychiatric condition

(831)-768-8132 ext. 306
M, T, Th, F/ 9:30 am
The Avenues Program at 12 Carr St., Watsonville

Compassionate Friends
Supporting families after death of a child
www.tcfsantacruz.com
Please contact (831)-332-9893 for information about support groups

Eating Disorder Recovery Support Group
A supportive environment in which to meet other people working towards recovery from their eating disorder, build relationships, and practice recovery skills.

Sundays/ 1:00 pm - 2:30 pm
603 Mission St., Santa Cruz CA

Please RSVP at
sundayRSVPsc@gmail.com
Or call (831)-600-7103

Mood Matters Peer Support Group
A support group for individuals with mood disorders.

Mondays/ 6:00 pm - 8:00 pm
MHCAN at 1051 Cayuga St., Santa Cruz CA

Survivors Healing Center
Groups for survivors of childhood sexual abuse.

Call (831)-423-7601 to register
104 Walnut Ave., Suite 208, Santa Cruz
El Dorado Center  
Short term treatment program for individuals who may be stepping down from locked care. Requires a case manager referral.

(831)-479-9494  
941 El Dorado Ave, Santa Cruz CA

Second Story Respite House  
A two-week, unlocked residence in a home environment for those living with mental health challenges. Must be a county client.

(831)-688-0967  
Contact adrian.bernard@encompasscs.org

Opal Cliff Rehabilitation Center  
Services 15 adult clients with the primary emphasis being supporting and empowering residents to gain or reclaim skills that will enable them to enter various independent living situations.

(831)-464-8694  
4795 Opal Cliff Drive, Santa Cruz CA

Rose Acres Residential Facility  
34 adult board and care beds in the San Lorenzo Valley area for those with mental health challenges, also serving non-ambulatory seniors.

(831)-335-1925  
6950 Rose Acres Ln., Felton CA

Front Street Residential Care Facility  
47 bed residential care facility serving individuals with mental disabilities.

(831)-427-3387  
126 Front Street, Santa Cruz CA

Willowbrook Residential Care 1  
34 bed adult residential program that offers mental health support services to adults from 18-59 years of age.

(831)-336-5196  
155 Willowbrook Drive, Ben Lomond CA

Wheelock Residential Care  
Provides 16 adults (18-59) with residential and mental health services.

(831)-768-0941  
102 Wheelock Road, Watsonville CA

7th Avenue Center  
A 99-bed certified Mental Health Rehabilitation Center for individuals affected by severe and persistent mental illness, including dual diagnoses.

(831)-476-1700  
1171 7th Avenue, Santa Cruz CA

More information online at www.7thavecenter.com

Drake House (Elder care)  
49-bed residential care facility for the elderly with enhanced services for people with a combination of mental health issues and/or complex medical problems.

(831)-643-9069  
399 Drake Avenue, Monterey CA

Willowbrook Residential Care 2 (E.C.)  
Six bed residential care facility for the elderly offering residential and mental health support services.

(831)-336-5196
Substance Use Recovery Services

Alto North and South Counseling Center
Offers counseling services for individuals dealing with alcohol or other addictive drugs, and drug court related services.

Watsonville: (831)-728-2266
Santa Cruz: (831)-423-2003

Sober Living Environments
Provide supportive, shared housing for people in recovery.

For men’s SLE: (831)-423-3890
For women’s SLE: (831)-423-3890

Casa Pacific
A 12 bed residential program in Watsonville for men and women with co-occurring disorders.

(831)-722-2933
321 E. Beach Street, Watsonville CA

Santa Cruz Residential Recovery
A co-ed residential program that serves clients for 30-90 days based on individual needs for recovery from substance use and co-occurring disorders.

(831)-423-3728
Email at recoverysupport@encompasscs.org

Si Se Puede
A bilingual residential program serving Spanish speaking, male clientele for a one to six month period focusing on issues surrounding recovery from substance use and co-occurring disorders.

(831)-761-5422

M-F/ 9:00 am -5:00 pm
161 Miles Lane, Watsonville CA
recoverysupport@encompasscs.org

Sobriety Works
Offers services such as intensive outpatient programs for those working or in school, interventions, assessments, individual sessions, sober living environments, and continuing care.

(831)-476-1747
8030 Soquel Ave, Suite 103 Santa Cruz
Email at sobrietyworks@sobrietyworks.com
Online at www.sobrietyworks.com

Janus
Affordable addiction treatment offering residential as well as outpatient programs

(866)-526-8772
200 7th Avenue, Suite 150, Santa Cruz CA
Email at info@janussc.org

More information online at www.janussc.org

Substance Use Recovery Support Groups

Celebrate Recovery
A biblical and balanced program that helps us overcome our hurts, hang-ups, and habits.

(831)-429-1162
Fridays/ 7:00 pm - 9:00 pm
Santa Cruz Bible Church at 440 Frederick Street, Santa Cruz CA
info@santacruzbible.org
Refuge Recovery
A mindfulness-based addiction recovery community that practices and utilizes Buddhist philosophy as the foundation of the recovery process.

Mondays/ 7:15 pm - 8:15 pm
Fridays/ 7:00 pm - 8:00 pm
Sundays/ 11:00 am - 12:00 pm
Body & Soul Healing Center
santacruzrefugerecovery@gmail.com

Website at www.refugerecovery.org

SMART Recovery
For those who wish to recover from addictive behaviors by changing self-defeating thinking and working towards long-term satisfactions. An alternative to 12-step groups.

Tuesdays/ 8:00 pm - 9:30 pm
Preschool building in Calvary Episcopal Church at 532 Center St., Santa Cruz CA

Contact Ryan Koehler at (831)-444-5160 or email ryan.santacruz@gmail.com

Wednesdays/ 6:00 pm - 7:30 pm
Sundays/ 4:00 pm - 5:00 pm
9057 Soquel Drive, Building A Unit G, Aptos CA

Contact Darin Engrassia at (530)-307-3178 or email dengrassia@elevaterehab.org

Online meetings and more information at www.smartrecovery.org

Community Involvement

Community Connections
For those living with a psychiatric condition looking for educational opportunities and job skills.

North County: (831)-425-8132
South County: (831)-768-8132

M-F/ 8:30 am - 1:00 pm
303 Harvey West Blvd., Santa Cruz CA
Dblaskovich@ccsantacruz.org

More info at www.scvolunteercenter.org/programs/community-connection/

Mental Health Client Action Network (MHCAN)
Peer-run drop in center for those with mental health and homelessness challenges providing food, clothing, groups, and support.

(831)-469-0462
M, T, Th, F/ 9:00 am - 2:00 pm
1051 Cayuga St., Santa Cruz CA

Events calendar and more information online at www.mhcan.org

Community Bridges
A collection of centers providing a number of resources to the community such as food, parent education, elder care, transportation, child care, etc.

(831)-688-8840
236 Santa Cruz Ave., Aptos CA

www.communitybridges.org
Live Oak Family Resource Center
Offers resources and services such as youth advocacy, tutoring, counseling, foster family support, community case management, parent education, and healthcare access.

(831)-476-7284
M-Th/ 9:00 am - 5:00 pm
CLOSED for lunch 12:00 pm - 1:00 pm
Fridays/ 9:00 am - 12:00 pm
1740 17th Ave., Santa Cruz CA

Online at www.communitybridges.org/locr

Central Coast Center for Independent Living
CCIL is a bilingual center that promotes the independence of people with disabilities. Offers help with access to services, improving skills, and answering questions concerning disability rights, counseling, housing, employment, healthcare, and personal assistance.

Central Office Monterey County
(831)-757-2968
318 Cayuga St., Suite 208, Salinas CA

Santa Cruz County Office
(831)-462-8720
1350 41st Ave., Suite 101, Capitola CA

Online at www.ccil.org

Life Skills Support Services
Designed for those who want to enhance a variety of independent living skills, working collaboratively with individuals to identify and achieve both short and long-term life skills goals.

Contact Front St. Inc. team for more information (831)-421-1130

Nueva Vista Community Resources
Resource center offering programs like application assistance, community advocacy, parent education, food and nutrition services, and after school homework club.

Main Office:
(831)-423-5747
M-F/ 9:00 am - 5:30 pm
CLOSED for lunch 1:00 pm - 2:00 pm
711 East Cliff Dr., Santa Cruz CA

Youth Services:
(831)-426-2322
M-F/ 9:00 am - 5:30 pm
CLOSED for lunch 1:00 pm - 2:00 pm
133 Leibrandt Ave., Santa Cruz CA

Miscellaneous

Anger Management
A 12 week evidence based curriculum that has been designed to help participants increase personal awareness and reduce stress.

Santa Cruz: (831)-423-2003
Watsonville: (831)-728-2223

Family Service Agency of the Central Coast
A private, non-profit agency offering affordable counseling and supportive services for people of all ages, designed to maintain and strengthen family and community life.

(831)-423-9444
104 Walnut Avenue, Suite 208, Santa Cruz CA
Online at www.fsa-cc.org
Advocacy, Inc.
A non-profit corporation that provides rights protection and advocacy services for both mental health clients and the elderly.

(831)-429-1913 or
(831)-636-1638
5274 Scotts Valley Drive, Scotts Valley CA

Paget Center
A 12 bed short-term (up to 90 days) emergency housing program for homeless veterans.

(831)-475-5591
831 Paget Ave., Santa Cruz CA

Women, Infants, and Children (WIC)
A safe place for low to moderate income families to receive a sense of hope, comfort, and security, allowing women, infants, and children to thrive. Program also available in Spanish.

Santa Cruz:
(831)-426-3911
M-Th/ 8:00 am - 6:00 pm
1105 Water St., Santa Cruz CA

Watsonville:
(831)-722-7121
M-F/ 8:00 am - 6:00 pm
18 West Lake Ave., Suite A., Watsonville CA

Felton:
(831)-426-3911
Second and fourth Wednesdays and Thursdays/ 9:00 am - 5:00 pm

More information online at
www.communitybridges.org/wic

Senior Network Services
Providing senior citizens and persons with disabilities with information, guidance and assistance in coordinating existing resources to promote independence and highest quality of life.

Santa Cruz: (831)-462-1433
1777-A Capitola Rd., Santa Cruz CA

Watsonville: (831)-728-1751
114 E. Fifth St
Email at snshicap@cruzio.com

Transportation Program
Rides for seniors or persons with disabilities who cannot drive and have no ready access to alternative transportation.

Santa Cruz: (831)-427-3435
Watsonville: (831)-722-6708
San Lorenzo/Scotts Valley: (831)-336-9387

Special Parents Information Network
Offers support to parents of children with special needs of any type. Services include consultations, resources, workshops, and support groups.

For more information:
(831)-722-2800
info@spinsc.org
Online at www.spinsc.org

For information about mentor program, support groups, or Yahoo! group, contact Nancy at (831)-423-7713
nwinans@spinsc.org
**Friends Outside**  
Providing support to those incarcerated, post-release consumers, and their families.

Santa Cruz: (831)-427-5078  
1740 17th Avenue, Santa Cruz CA

Watsonville: (831)-722-2127  
349 Main St., Watsonville CA

Email at friendsoutside@scvolunteercenter.org

Online at https://scvolunteercenter.org

**MOST Team**  
Provides wrap-around mental health services including psychiatry, psychotherapy and employment skill development with additional supports specific to criminal justice system involvement such as probation, court discharge planning and disposition, and liaison relations with law enforcement and jail correctional staff.

(831)-454-7541

**Gemma Transitional Housing Program**  
A structured, long term residential program for previously incarcerated women, focused on the successful integration of early recovery and reentry practices.

(831)-706-6560  
recoverysupport@encompasscs.org

Online at www.encompasscs.org/community-recovery-services/gemma

**The Lotus Collaborative Eating Disorder Recovery Center**  
A holistic health and recovery center specializing in eating, weight, exercises, and nutrition concerns. Offers partial hospitalization services, intensive outpatient services, support groups, family therapy, nutritional counseling, and transitional living. Serving clients of all genders ages 14 and up.

(831)-600-7103  
603 Mission St., Santa Cruz CA

More information online at www.thelotuscollaborative.com

**Whole Person Care**  
A Santa Cruz County program designed to improve the health and well-being of individuals with complex needs by providing case management services, a care team, same day appointments, and assistance with transportation.

(831)-454-5099  
Email at wholepersoncare@santacruzcounty.us

More information online at www.santacruzhealth.org/wholepersoncare

**Basic Support**  
**Santa Cruz County Mental Health Services**  
Call to determine if you are eligible for county mental health services.

(831)-454-4170  
M-F/ 8:00 am - 5:00 pm  
1400 Emeline Ave., Building K, Santa Cruz
Police Departments
Non-Emergency Santa Cruz: (831)-420-5800
Non-Emergency Capitola: (831)-475-4242

Santa Cruz County Housing Authority
Assisting low-income, disabled, and elderly persons with affording housing.
(831)-454-9455
2391 Mission St., Santa Cruz CA
Email at housing@hacosantacruz.org

Human Services Department of Santa Cruz Website
An easy to use website which helps to quickly direct you to Medi-Cal, home care, employment, food assistance, childcare, and other applications for low-income services.
www.santacruzhumanservices.org

Employment and Benefits Customer Service Centers
In-person assistance and application for General Assistance, CalFRESH, CalWORKs, Medi-Cal, and Welfare-to-Work employment.

Santa Cruz:
M-F/ 8:00 am - 5:00 pm
(831)-454-4165
TTY for Hearing Impaired (831)-454-4763
1020 Emeline Ave., Building B., Santa Cruz CA

Watsonville:
M-F/ 8:00 am - 5:00 pm
(831)-763-8500
TTY for Hearing Impaired (831)-454-4763
18 W. Beach St., Watsonville CA

Workforce Santa Cruz County
No cost services for businesses, employees, and job seekers. Offers career counseling, occupational training, on-the-job-training, job search workshops, self-service computers for job search, and access to EDD Unemployment Insurance phone lines.

Santa Cruz:
M-F/ 8:00 am - 4:30 pm
(831)-423-8611
Goodwill Main Offices at 350 Encinal St., Santa Cruz CA
Watsonville:
M-F 8:30 am - 4:30 pm
(831)-763-8933
Goodwill Workforce Offices at 18 W. Beach St., Watsonville CA

Social Security Administration Office
Providing services such as disability insurance, supplemental security income, and Medicare.

M, T, Th, F/ 9:00 am - 4:00 pm
Wednesdays/ 9:00 am- 12:00 pm
(800)-593-8523
169 Walnut Ave., Santa Cruz CA
Online services and more information at www.ssa.gov

Transition Age Youth/Youth Services

Santa Cruz County Child and Adolescent Behavioral Health Services
Provides services for residents younger than 18. Call same number for transition age youth services, ages 18-25.

1-800-952-2334
1400 Emeline Ave., Santa Cruz CA
California Youth Crisis Line
A statewide, toll free, 24 hour confidential phone line available to young people between the ages of 12-24, and concerned friends and family members. Provides crisis intervention counseling on issues including family problems, sexual assault, eating disorders, teen pregnancy, substance abuse, suicide, and more.

1-800-843-5200

Encompass Youth Services (ages 3-20)
Offering counseling, mental health outpatient services, groups, and after school programs.

Santa Cruz: (831)-429-8350
Watsonville: (831)-688-8856

Walnut Avenue Women’s/Family Center
Offers support groups, workshops, and education for youth and families.

(831)-426-3062
303 Walnut Avenue, Santa Cruz
www.wafwc.org

Pajaro Valley Prevention and Student Assistance (Pajaro Valley School District)
Offers counseling, workshops, and education for youth and families. Must have school referral.

(831)728-6445
www.pypsa.org

LGBTQ+ Youth Meet-ups (ages 12-18)
Weekly meet-ups for queer, trans, and allied youth.

Fridays/ 3:30 pm - 6:00 pm

First Christian Church at 15 Madison St., Watsonville CA

Saturdays/ 1:00 pm - 3:30 pm
Diversity Center at 1117 Soquel Ave, SC

Gender Expansive Youth Group (ages 12-18)
Saturdays/ 4:00 pm- 5:30 pm
Diversity Center at 1117 Soquel Ave, SC

Queer Youth Task Force of Santa Cruz County
Resources for queer youth, parents, teachers, and community programs.

(831)-425-4004
Email at info@QYTF.org
Online at www.qytf.org

Tyler House
Dual-diagnosis residential treatment program focusing on substance abuse treatment for teens. Provides daily counseling and structured activities.

(831)-688-6293 x117
2716 Freedom Boulevard, Watsonville

Homelessness Support Services

Resetar Residential Hotel
A permanent supportive housing site, meant for individuals and families that have multiple housing barriers including previous homelessness, physical disabilities, mental health disabilities, educational disparities and drug and alcohol histories.

(831)-722-3322
Monday- Friday 9:00 am - 4:00 pm
15 West Lake, Watsonville CA
**Homeless Garden Project**
Provides job training, transitional employment, and support services to people who are experiencing homelessness.

(831)-426-3609  
M-F/ 9:00 am - 5:00 pm  
30 West Cliff Dr., Santa Cruz CA

**Homeless Persons’ Health Project**
A full service primary health center serving the needs of the homeless and low-income populations.

Clinic Hours  
CLOSED from 12:00 pm - 1:00 daily  
Mondays/ 8:00 am - 5:00 pm  
Tuesdays/ 1:00 pm - 5:00 pm  
Wednesdays/ 8:00 am - 5:00 pm  
Thursdays/ 1:00 pm - 5:00 pm  
Friday/ 8:00 am - 3:00 pm

(831)-454-2080 or Toll Free  
(866-731-4747)  
115A Coral St., Santa Cruz CA

**Santa Cruz Homeless Services Center**
Provides programs for the homeless including residential services, permanent supportive housing programs, and employment assistance.

(831)-428-6020  
115B Coral St., Santa Cruz CA

**Mental Health Client Action Network (MHCAN)**
Peer-run drop in center for those with mental health and homelessness challenges providing food, clothing, groups, and support.

(831)-469-0462

**River Street Shelter**
A 32 bed emergency shelter for homeless adult men and women. Breakfast and dinner are provided.

(831)-459-6644  
115C Coral St., Santa Cruz CA

**Rebele Family Shelter**
Provides up to 6 months of temporary housing for families in need. Services offer three meals per day, children’s play areas, counseling, health care and job assistance.

(831)-458-6020  
115B Coral St., Santa Cruz CA

**Salvation Army Emergency Shelter**
Santa Cruz:  
(831)-426-8365  
721 Laurel St., Santa Cruz CA  
Email at Harold.Laubachjr@usw.salvationarmy.org

Watsonville:  
(831)-724-0948  
214 Union St., Watsonville CA

**Pajaro Valley Shelter Services**
(831)-728-5649  
115 Brennan St., Watsonville CA

**Pajaro Rescue Mission**
Offers shelter for 35 homeless men, meals twice a day, and daily showers.

(831)-724-9576  
111 Railroad Ave., Watsonville
Legal Research: Santa Cruz Law Library at 701 Ocean Street, Room 70, Santa Cruz, CA (basement of county building). Hours are Monday - Friday 8am to 12 pm, Due to COVID Restrictions you may need an appointment call: 831-420-2205, www.lawlibrary.org. Please note: library staff will not do research for you or provide advice. They will direct you to appropriate legal resources.

Department of Child Support Services, Santa Cruz County: 420 May Ave., Santa Cruz, Phone: 1-866-901-3212, www.dess.co.santa-cruz.ca.us.

Process Server: Santa Cruz County Sheriff’s Department, 831-454-7655, located at 5200 Soquel Ave., Santa Cruz, CA 95062. You may also hire a private process server; search for process servers online.

Community Resources: A list of community resources can be found on the Santa Cruz Public Libraries Community Information Database: www.santacruzpl.org/cid/ You can also find community resources by calling or texting 211 www.211santacruzcounty.com

<table>
<thead>
<tr>
<th>Service</th>
<th>Phone Number</th>
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<tbody>
<tr>
<td>Adult Protective Services</td>
<td>454-4101</td>
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<tr>
<td>Affordable Divorce Mediation, Conflict Resolution Center Program</td>
<td>345-2891</td>
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<tr>
<td>Bay Area Legal Aid: San Jose Consumer Rights Clinic</td>
<td>800-551-5554</td>
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<td>California Rural Legal Assistance (CRLA) Housing, labor law, public benefits</td>
<td>724-2253</td>
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<tr>
<td>Catholic Charities: Immigration Services</td>
<td>422-0602</td>
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<td>Child Protective Services</td>
<td>454-4222</td>
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<tr>
<td>Community Bridges: Community resources centers and food programs</td>
<td>688-8840</td>
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<tr>
<td>Conflict Resolution Center: Community and small claims mediation</td>
<td>475-6117</td>
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<tr>
<td>Deaf Counseling, Advocacy and Referral Agency</td>
<td>510-343 6670</td>
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<tr>
<td>Disability Rights California</td>
<td>800-776-5746</td>
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<tr>
<td>TTY number</td>
<td>800-719-5798</td>
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<tr>
<td>District Attorney: Consumer line</td>
<td>454-2050</td>
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<tr>
<td>District Attorney: Criminal/Child Abduction</td>
<td>454-2400</td>
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<td>Encompass: Early education, health &amp; housing, behavioral health (ALTO, batterer’s intervention program, DUI classes, youth counseling and more</td>
<td>469-1700</td>
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<tr>
<td>Homeless Services Center: Shelter for individuals and families</td>
<td>458-6020</td>
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<tr>
<td>La Manzana Community Resources: Help with filling out certain court forms</td>
<td>724-2997</td>
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The Superior Court, Santa Cruz County is not endorsing any of the above service providers. The court does not evaluate the services listed; therefore the court is not responsible for the quality of the services provided. This list provides information for non-profit, county, and court services.
• **Monarch Services**: Restraining orders 722-4532
  425-4030

• **Santa Cruz Immigration Project** 724-5667

• **Senior Citizens Legal Services**: Housing, public benefits, elder abuse prevention 426-8824

• **Small Claims Court Advisor** 786-7370

• **Smart Legal Solutions**: Sliding scale family law mediation and general mediation 459-6019

• **Tenant Sanctuary**: Tenants’ Rights Counseling information only 200-0740

• **Victim Advocate, Santa Cruz Police Department**: Domestic Violence 420-5827

• **Victim Witness, District Attorney**: Domestic Violence 454-2010

• **Walnut Ave. Family & Women’s Center**: Restraining orders 426-3062

• **Watsonville Law Center**: Consumer, credit theft, wage claims, worker’s compensation 722-2845