

SHELTER

Parjaro Valley Shelter Services Shelter services for women and children (no men over the age of 12), (831) 728-5649, give@pvshelter.org, 115 Brennan St, Watsonville **Homeless Shelter and Services For Men** and Team Kitchen at **Pajaro Rescue Mission** Homeless Shelter and Services for Men 111 Railroad Ave. Watsonville, (831) 724-9576 **Grace Harbor Women's Shelter**, (831) 761-3191, 55 Brennan St. Watsonville, Arrive at 5:30pm for check-in (first come, first serve), Enter via The Rustic Table restaurant and ask about shelter

RESOURCES

Watsonville Public Library 275 Main St Suite 100, Monday-Thursday 10am-8pm, Friday 10am-6pm **Families in Transition** (assistance for families with children and youth ages 18-24), (831) 728-9791, 406 Main St #326 Watsonville, Lettunich Building **Freedom Public Library** 2021 Freedom Blvd, Tuesday-Friday 10am-6pm, Saturday 12-4pm SCC Veterans Office Services for Veterans & Families 842 Front St., For real time assistance with resources text your zip code to 898-211 **Senior Center** (831) 722-1333, 114 E. Fifth Street, Watsonville **CAB/Community Action Board** employment & reentry services, community engagement & leadership activities, housing evictions, immigration support, rental assistance, day workers assistancet, 406 Main St. #221 (2nd floor), Watsonville (831) 763-2147 **Catholic Charities** 656 Main St. Watsonville, (831) 722-2675 **La Manzana Community Resources** Public benefits enrollment assistance, free counseling, food distribution, & free summer lunches to low-income youth, 521 Main Street Suite Y, Watsonville, 9am-12pm, 1pm-4:30pm M-F, (831) 724-2997 **SC Veterinary Street Outreach** (check facebook page) scanimshelter.org/healthy-pets-for-all **Bikes For All** Free bikes for those in need, Bikes4All.lman@gmail.com

DOMESTIC VIOLENCE

Monarch Services 24hr. Domestic Violence & Rape Hotline 888-900-4232 **Walnut Ave Family & Women's Center** Domestic violence support for families & people of all genders, 303 Walnut Ave, Santa Cruz, (831) 426-3062, 24hr hotline (866) 269-2559

LEGAL

Tenant Sanctuary Info/counseling about tenant rights, 703 Pacific Ave: Mon 3-6pm, Wed 4-6pm & 7-8pm, Fri 10am-2pm, 1740 17th Avenue: Wed 10:30am-2:30 pm, (831) 200-0740, info@tenantsanctuary.org **Tenants Together** Tenants Rights Line (888) 495-8020 **Main Jail** (831) 454-7800 **Public Defender** (831) 429-1311 (831) 466-6078 **Court Date Textline** (831) 208-5170 (text case number) **California Rural Legal Assistance** (831) 724-2253 **Senior Legal Services** (831) 426-8824 **Community Bridges Eviction Defense Collaborative** helpline to legal services: (831) 288-2148

STUDENT RESOURCES

Cabrillo Students momenden@cabrillo.edu **UCSC Students** (831) 459-4446, deanofstudents@ucsc.edu, crisis line (831) 459-2628 **UCSC The Cove** (above OPERS East Field next to Cowell's Provost's House) Harm reduction, recovery meetings & peer-to-peer support, M-F 10am-5pm, jbru@ucsc.edu **UCSC CARE** Domestic violence, sexual harassment, etc. support, (831) 502-2273, care@ucsc.edu **Cabrillo Veterans Information Center** 831-479-6110, vetcenter@cabrillo.edu

MEALS/FOOD

Second Harvest Hotline to free food locations, (831) 662-0991, 800 Ohlone Pkwy, Watsonville, 7:30am-4:30pm M-F **Pajaro Valley Loaves and Fish**, 150 2nd St Watsonville, Lunch 12pm-1pm, Pantry 9-11:30am, 1-3 pm M-F, info@pvloavesandfishes.org, (831) 722-4144, www.pvloavesandfishes.org **Meals on Wheels** Meal delivery for older adults (60+), 831-464-3180 ext. 100, communitybridges.org/mealsonwheels **Salvation Army** 214 Union St, Watsonville, Hot meal 5-5:30 PM every day, Food pantry 10am-1pm T/TH, (831) 724-3922 **Teen Kitchen Project** Meal delivery for persons with serious illness. Call for eligibility 316-4540 ext. 1, teenkitchenproject.org **Watsonville Senior Center** 114 E. Fifth Street, Watsonville, Lunch for older adults (60+) weekdays 11am-1pm, 831-724-2024 **Twin Lakes Church** Drive-through food pantry, Wed 4-5:15pm (can get in line as early as 3:30), 2701 Cabrillo College Dr, Aptos

SHOWERS/RESTROOMS & PORTABLE TOILETS

Manresa State beach 150 Lilly Way, Watsonville, 205 Manresa Uplands Rd, Watsonville **Pinto Lake City Park** (restroom only) 451 Green Valley Rd, Watsonville **Watsonville City Plaza** 358 Main St, Watsonville, Restrooms on the Union St side of the Plaza across the street from Cabrillo College **Shower the People at Resurrection Church** 7600 Soquel Dr, Aptos Tues 3-5:15pm & Sat 11:30am-1:30pm

MEDICAL

Salud Para La Gente, 204 East Beach Street Watsonville, Appointments: (831) 728-0222, M-F, wellness and counseling, Women's Health & Pregnancy Care, Vision Care, Optical Department, Dental Care, Family Health Care **Clínica del Valle del Pájaro** 45 Nielson Street, Watsonville, M-F **Salud at 65 Nielson**, 65 Nielson St., Ste. 10, Watsonville, Women's Health & Pregnancy Care Mon-Fri 8:30am-5:30pm, Salud at 64 Aspen Way, Watsonville Pediatric Medical Care Mon-Fri 8:30am-5:30 pm
Watsonville Health Center Primary Care, NARCAN 1430 Freedom Blvd, Ste. D, M-Th 7:30am-6:30pm, F 7:30am-5pm (831) 763-8400
Watsonville Community Hospital, Emergency room, primary care, NARCAN 75 Nielson St, Open 24 hrs (831) 724-4741
Planned Parenthood 398 S Green Valley Rd M-F 8am-8pm (831) 724-7525 **HIV/HCV testing** Wednesdays 1:30pm-3:30pm at 1430 Freedom Blvd., Ste. B **Community Bridges vaccine helpline** (831) 219-8607 **Homeless Persons Health Project** 1430 Freedom Blvd. Ste. A Watsonville, (831) 454-2080
Watsonville Health Clinic/ Clinica de Salud de Watsonville 1430 Freedom Blvd. Suite, A. Watsonville, (831) 763-8400
Dientes Community Dental Clinic/ Dientes Clinica Dental 1430 Freedom Blvd, Suite C. Watsonville, (831) 621-2560
Mobile Wellness Clinic 100 Salinas Rd, Pajaro (Our Lady of the Assumption Church), Thursdays 9am-3pm (closed 12-1pm)
Rides to Medi-Cal appts (831) 430-5577
COVID vaccine appts (831) 422-4255
Communicable Disease Unit / County Public Health
HSACD@santacruzcounty.us

MENTAL HEALTH & SUBSTANCE USE

Harm Reduction Coalition (831) 769-4700 text or call anytime
Suicide Prevention Talkline 1-877-ONE-LIFE, 1-877-663-5433 Crisis Textline 741-741 **LGBTQ+ Youth Crisis Line** (866) 488-7386, or text "start" to 678-678 **NAMI** (831) 427-8020/(831) 205-7074 (español)
Mobile Emergency Response Team 800-952-2335 8am-5pm
Santa Cruz County Syringe Exchange Mondays 3:30pm-4:30pm, Tuesdays 10:30am-11:30am, Wednesdays 1:30pm-3:30pm, and Fridays 9am-11am 1430 Freedom Blvd, Ste. B, Mobile Exchange, Thurs. 9-11 am levy entrance at River Park, (831) 454-2437 **Freedom Women's Center** Faith-based discipleship/recovery program for women with life-controlling problems, (831) 724-2898, 109 Green Valley Rd, Freedom **Pajaro Men's Center** Faith-based discipleship/recovery program for men with life-controlling problems, (831) 722-2074 **ACCESS** Team Assessments and referrals to mental health services, (831) 454-4170/(800) 952-2335, available 24/7 **Never Use Alone** Overdose prevention lifeline for people using drugs alone, (800) 484-3731 **Crisis Stabilization Program (CSP)** Walk-in assessments, inpatient and outpatient services, 2250 Soquel Ave. Suite 150, Santa Cruz 831-600-2800