Looking for emotional wellness and other resource support?

Are you...
1) Involved in the foster care system (or have been before)?
2) Living in one of these counties:
   - Alameda County
   - Contra Costa County
   - San Francisco County
   - San Mateo County
   - Santa Clara County
   - Santa Cruz County
3) Between the ages of 18 - 26?

At no cost to you or your insurance, FostrSpace includes access to:
- Mental health clinicians
- A resource navigator and directory
- Goal organization
- Mood check-ins

Visit www.fostrspace.com or Use your phone’s camera to scan the QR code to learn about the app and join the community!

Sign up today