



# Preparing For Emergencies & Disasters

## Preparedness: As Simple As...

1. Know Your Hazards
2. Important Contacts & Community Plan
3. Know Where You Will Go
4. Sign Up For Alerts & Low Cost Items To Have
5. Your Pets
6. Tips To Get Ready
7. Additional Resources



### BEFORE AN EMERGENCY OR DISASTER

- Talk to your family, friends and service/care providers about possible emergencies & disasters in your area
- Make a simple plan and give family, friends and service/care providers a copy
- Know how to get updates and information when an emergency or disaster happens

# Know Potential Hazards

For An Emergency or Disaster



## EARTHQUAKE

Take Action

- Drop, cover, and hold on
- AVOID anything that can fall on/under you
- DO NOT run outside
- DO NOT use elevators
- AVOID the coast



## FIRE

Take Action

- Call 911, alert others & exit the building
- Put hand on door and if it is hot, DO NOT open it
- DO NOT return until officials say it's okay



## FLOOD

Take Action

- AVOID power lines
- Go to higher ground
- NEVER walk, swim or drive through flood water or mudflow



## POWER OUTAGE

Take Action

You may lose power due to an emergency or from PG&E Planned Power Outages.

### SIGN UP FOR PG&E ALERTS

#### During Outages Only:

- To report an outage & get updates during an outage: Call 1-800-743-5002

### For PG&E's Planned Power Outages Advance Alerts Only:

- For text alerts: Text "ENROLL" to 97633
- For phone call alerts if you do not have a PG&E account: Call 1-877-900-0743
- For phone call alerts if you have a PG&E account: Call 1-866-743-6589
- **Apply for Medical Baseline if you rely on power for a medical necessity** Call 1-800-743-5000

### IF TOLD TO SHELTER IN PLACE

- Go inside to a room with no/few windows & stay there until officials say it is safe
- Turn off and close fans, vents, windows & doors
- Seal cracks with plastic sheeting or a wet cloth

### IF TOLD TO EVACUATE

- Take all household members, pets, medications, documents & GO-KIT with you
- Go to a family/friend's home, hotel or public shelter
- Do not return until officials say it is safe

#### For More Information:

[www.ready.gov](http://www.ready.gov)

#### Radio Stations:

**KSCO – AM 1460**  
**KION – AM 1460**  
**KGO – AM 810**  
**KPIG – FM 107.5**  
**KTGE – AM 1570 (Salinas) - para Español**  
**KZSF – AM 1370 (San Jose) - para Español**

## COMMUNITY PLAN

# CREATE A SUPPORT NETWORK

1. **Ask family, friends and your support network** to be part of your emergency plan; include **an out of area person**.
2. Put **contact info** for your support network in your GO-KIT.
3. Consider giving your support network an **extra key to your home**, letting them know **where you keep your emergency supplies** and **how to use any lifesaving equipment** or administer medicine in case of an emergency.
4. **Practice the plan** with your support network at least twice a year.
5. **Encourage** friends and family to create their own support networks.



### BUDDY SYSTEM

It is a good idea to have a person or two that **call or visit daily** to check on you and make sure everything is okay. This level of communication **can save your life**.

# IMPORTANT CONTACTS

Fill out this important contacts sheet and put a copy in your GO-KIT.  
Have every household member put a copy in their wallet, purse, or back pack.  
Take a picture of it and send it to your out of area contacts by email, text  
and/or mail so they will also have it.

## Your Buddy System or Support Network Contacts

Name: \_\_\_\_\_

Phone: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Work/school phone number: \_\_\_\_\_

How can they help me: \_\_\_\_\_

\_\_\_\_\_

## Your Buddy System or Support Network Contacts

Name: \_\_\_\_\_

Phone: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Work/school phone number: \_\_\_\_\_

How can they help me: \_\_\_\_\_

\_\_\_\_\_

## Where I Can Go If I Need To Evacuate

Near my home: \_\_\_\_\_

How will I get there: \_\_\_\_\_

In/near my neighborhood: \_\_\_\_\_

How will I get there: \_\_\_\_\_

Out of town: \_\_\_\_\_

How will I get there: \_\_\_\_\_

## Out of Area Contact

Name: \_\_\_\_\_

Phone: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

## Out of Area Contact

Name: \_\_\_\_\_

Phone: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

## My Doctors

Name: \_\_\_\_\_

Phone: \_\_\_\_\_

Name: \_\_\_\_\_

Phone: \_\_\_\_\_

Practice your plan at least twice a year

# Know Where to Go... and How to Get There

Evacuation meeting location in our neighborhood:

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If we cannot return home or need to evacuate, the meeting place outside of our neighborhood is:

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The route from our house to our meeting place outside of our neighborhood is:

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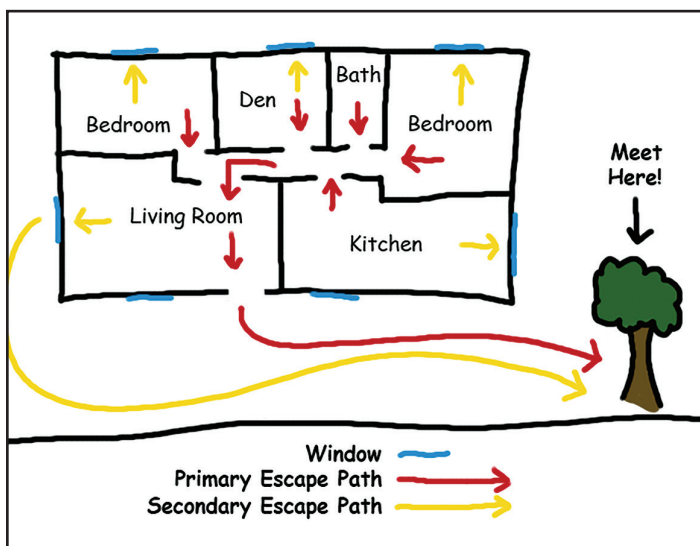
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## TIP

If you cannot evacuate alone, make sure your plan includes information on who can help you/who will check on you.

Arrange for someone to check on and assist you.

## HOUSEHOLD EVACUATION PLAN

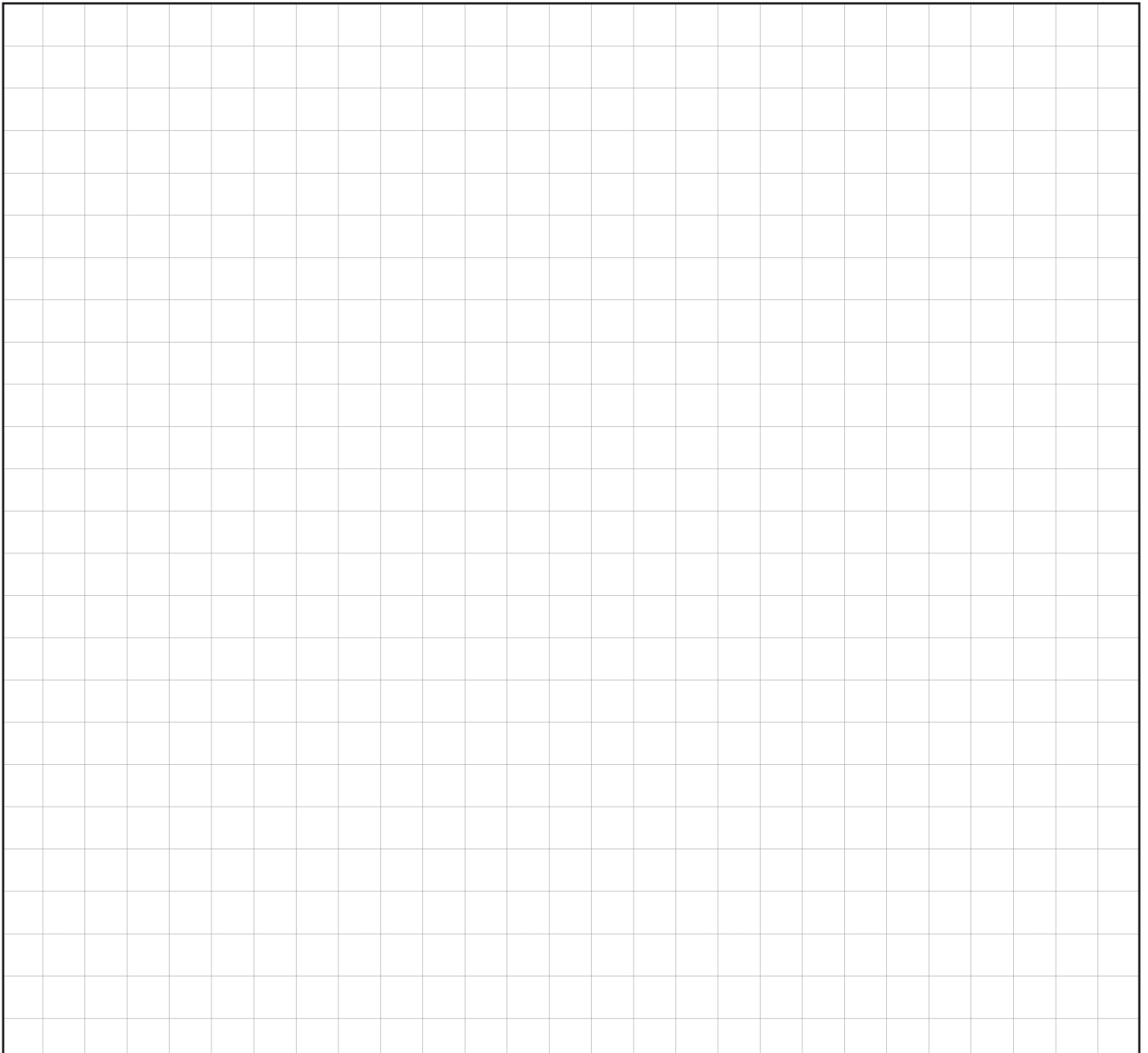


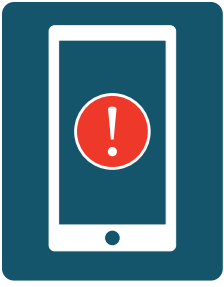
## KNOW THE EXITS

Do you know two ways out of every room in your home in case of a fire? Draw a floor plan of your bedroom in the space below and circle the two ways to get out. Hint: one may not be a door!

Use the graph on the following page to draw a map of your home and make an evacuation plan.

**Draw a map of your home, showing all doors and windows. Make sure you show at least TWO WAYS out of your home and every room. Use this for your home evacuation plan.**





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# Stay Informed Sign Up For Alerts & Notifications

 **Volunteer Center**  
Really Connect • Really Connected



**Santa Cruz County's Reverse 911 Call Alert System for calls to your cell phone or VOIP phone.**

**You will receive location-specific information.**

**Update when your phone number changes.**

**TIP:**  
You can be anonymous, if you prefer!

**1.** Register online at <http://www.scr911.org/>

**2.** Once you are on the website, click on "CODE RED"

## **PG&E's Planned Power Outages Notification System (when PG&E plans to turn power off)**

**1.** For text alerts (anyone, with or without a PG&E Account can sign up)



**Text: "ENROLL" to 97633 (update yearly)**

**2.** For phone call alerts (if you do not have a PG&E Account)



**Call: 1-877-900-0743 (update yearly)**

**3.** For phone call alerts (if you have your own PG&E Account)



**Call: 1-866-743-6589 (update yearly)**

**4.** For Medical Baseline Notifications, if someone in your household relies on power (gas and/or electric) for a medical necessity












**Call: 1-800-743-5000 to get application (ASK US FOR AN APPLICATION)**

# Low Cost Items to Have

Be ready to leave your home quickly in case of an emergency or disaster.

## YOU SHOULD HAVE:

- Refillable water bottle with water 
- Comforting and de-stressing items 
- A flashlight and batteries 
- Change of clothes and shoes 
- Power bank, chargers and/or extra batteries for important devices 
- Important Contacts and Evacuation Plan 
- Copies and lists of important documents (include pet's information too) 
- Add your prescription medications to your Go-Kit. You will need them with you. 
- Have copies of important documents stored digitally and in hard copy, and store them in safe places in your home (your GO-KIT, fireproof box) and outside of your home (with a trusted person or bank). 

## IN YOUR GO-KIT READY TO GO



## HELPFUL DOCUMENTS TO HAVE:

- Identification (passports, IDs, etc.)
- Medical (prescriptions, allergies, vaccinations, medical conditions, doctor contact info, etc.)
- Picture of you with your pet

## DOCUMENTS TO CONSIDER HAVING:

- Financial information for accounts and bills
- Important computer files and passwords
- Pet's shot records, microchip number and license

My important documents are stored at/with: \_\_\_\_\_

- Sturdy shoes 
- A jacket and/or other protective clothing 
- A flashlight or light stick 

## NEAR YOUR BED







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 **Volunteer Center**  
Really Connect • Really Connected



# How to Prepare Pets for Emergencies or Disasters

## BE READY, PLAN AHEAD

Disasters can happen at any time. Create a buddy system with neighbors, friends or family to check on your furry friends in the event of a disaster.

**TIP:**  
Store an extra  
leash at the  
door!

## VETS KNOW BEST!

Most veterinarian offices provide microchips in the event of separation, discuss the best option for your pet!



## PET GO-KIT: SIMPLE AS...

1. Pet carrier or crate
2. Medications (flea, heartworm, etc.)
3. 5-7 days of food and water in airtight containers
4. Documents (include a picture of you with your pet, records, license, etc.)

## DON'T FORGET:

Comfort items for your pet, such as a favorite toy and blanket!

**FOR MORE INFORMATION:**

<https://www.ready.gov/pets>

# Tips On Getting Ready

For An Emergency or Disaster



## GET READY PERSONAL + FAMILY

Get Ready by ensuring the safety of you and your loved ones. Create a communication plan, evacuation plan, and gather GO-KIT supplies and items specific to you and your family's needs.

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**Your family is unique, your GO-KIT should be too.**

**Call 2-1-1 for local shelter information.**



## GET READY PETS

Large or small, help your pet Get Ready by packing a GO-KIT including food, water, toys, vaccination records, and pictures of you with your pet(s). If separated, having pictures of you with your pet(s) will help show you are the owner.

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**In a disaster, what is good for you, is also good for your pet(s).**



## GET READY SPECIAL NEEDS

Children may have extra needs before, during, and after an emergency. Teach kids to Get Ready by involving them in creating your plan.

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People with Medical Needs should prepare with backup equipment & additional assistance.

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**Decrease stress by including comfort items in your GO-KIT.**



## GET READY POWER SAFETY

Everyone should Get Ready for PG&E Public Safety Power Shutoffs. When conditions warrant, PG&E will turn power off to reduce the risk of wildfires.

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### **GET PG&E PLANNED POWER OUTAGE ALERTS**

- For text alerts: Text "ENROLL" to 97633
- For phone call alerts if you do not have a PG&E account: Call 1-877-900-0743
- For phone call alerts if you have a PG&E account: Call 1-866-743-6589
- If you rely on power for a medical necessity, call 1-800-743-5000 for information on how to sign up for Medical Baseline Notifications

**For more information visit:**  
[www.ready.gov](http://www.ready.gov) • [www.pge.com](http://www.pge.com)

# RESOURCES FOR MORE INFORMATION

## General Emergency Preparedness

- Department of Homeland Security Ready Campaign: <http://ready.gov/>
- American Red Cross: <https://www.redcross.org/get-help/how-to-prepare-for-emergencies/>
- Federal Emergency Management Agency (FEMA): <https://www.fema.gov/disaster/>
- Center for Disease Control and Prevention: <https://emergency.cdc.gov/>
- National Weather Service (NWS): [https://www.weather.gov/sgf/disaster\\_preparedness](https://www.weather.gov/sgf/disaster_preparedness)

## Local Resources

- Santa Cruz County Office of Emergency Services: <http://www.co.santa-cruz.ca.us/Departments/EmergencyServices.aspx>
- Santa Cruz County Health Services Agency: <http://www.santacruzhealth.org/HSAHome/HSADivisions/PublicHealth/EmergencyPreparedness.aspx>
- Santa Cruz County Community Emergency Response Team (CERT): <https://santacruzcountycert.org/>
- Santa Cruz County Local Resources: <https://www.211santacruzcounty.org/>

## Just for Children

- Sesame Street: <https://www.sesamestreet.org/toolkits/ready>

## Fires

- National Fire Protection Association (NFPA): <https://www.nfpa.org/Public-Education/Staying-safe/Preparedness/Emergency-Preparedness>
- California Department of Forestry & Fire Protection (Cal Fire): <https://www.readyforwildfire.org/>

## Floods

- FEMA'S Flood Smart: <https://www.fema.gov/national-flood-insurance-program>
- California Department of Water Resources: <https://water.ca.gov/What-We-Do/Flood-Preparedness>

## Earthquakes

- Earthquake Country Alliance: <https://www.earthquakecountry.org/>
- California Earthquake Authority: <https://www.earthquakeauthority.com/>

# RESOURCES FOR STAYING INFORMED

## Be Alert

- Sign up for code red at <http://www.scr911.org/> and/or get Red Cross Emergency Alerts by downloading their app or texting “GETEMERGENCY” to 90999
- Sign up for PG&E Planned Power Outage Alerts by Texting “ENROLL” to 97633, or by calling 1-877-900-0743 if you do not have a PG&E Account, or by calling 1-866-743-6589 if you have your own PG&E Account
  - **Check Local Media:**
    - **Television Stations:**
      - » KSBW
      - » KION
      - » KSMS TV (Monterey) – para Español
    - **Written (Newspaper/Online):**
      - » Santa Cruz Sentinel (<https://www.santacruzsentinel.com/>)
      - » The Pajaronian - para Español (<https://pajaronian.com/>)
    - **Radio Stations:**
      - » KPIG – FM 107.5
      - » KSCO – AM 1080 - KSCO is the local Emergency Broadcast Station
      - » KION – AM 1460
      - » KGO – AM 810
      - » KTGE – AM 1570 (Salinas) - para Español
      - » KZSF – AM 1370 (San Jose) - para Español
  - NOAA Weather Radio All Hazards (NWR) is a nationwide network of radio stations broadcasting continuous weather and emergency information from the nearest National Weather Service office. You can buy a NWR radio online and at most home improvement and electronic stores.
  - **Check Social Media:**
    - » FACEBOOK at <https://www.facebook.com/>
    - » INSTAGRAM at <https://www.instagram.com/>
    - » NEXT DOOR at <https://nextdoor.com/>