

<p><b>DISCLAIMER:</b> NAMISCC has not personally vetted these providers. This information was gathered from Psychologytoday.com and other online sources. Contact your insurance company directly for a list of providers that are covered by your insurance.</p>						
Provider	Phone#	Accepting new patients?	Insurances Accepted	Language(s) spoken	Location, availability	Specialties
Katherine Meek, LMFT, MHRS	669-273-7318	<input checked="" type="checkbox"/>	Out-of-network, offers sliding scale payment	English	Telehealth or limited San Jose appointments. Currently morning openings	Addiction and relationship issues
Donald Dufford, PhD	831-479-1960	<input checked="" type="checkbox"/>	None	English	Soquel and San Jose, CA	PTSD, OCD, agoraphobia, depression, anxiety, and more
Michael Miceli, LMFT	831-201-1993	<input checked="" type="checkbox"/>	Aetna, Optum, UnitedHealthcare UBC UBH. Certified out-of-network for Blue Shield	English	Telehealth or Aptos, CA	Anxiety, depression, bipolar
Charese Allen, LCSW	510-823-2455	<input checked="" type="checkbox"/>	Out-of-network, sliding scale	English	Telehealth or Santa Cruz, Oakland, CA	BPD, suicidal ideation, trauma and PTSD
Sylvie Stein, MA, LMFT	408-766-2985	<input checked="" type="checkbox"/>	Sliding scale	English and Spanish	Telehealth or Santa Cruz, CA	Trauma and PTSD, relationship issues, depression
Kristin King, AMFT, CADC	831-610-0087	<input checked="" type="checkbox"/>	Sliding scale	English	Telehealth or Santa Cruz, CA. Socially distanced with air purifier	Trauma and PTSD, depression, anxiety
Erik Kaul, MS, LMFT	831-440-3833	<input checked="" type="checkbox"/>	Anthem, Beacon Health Options, Cigna and Evernorth, HealthNet, MHN Health Net, MHNet Behavioral Health, Out of Network	English	Telehealth or Santa Cruz, CA	Trauma and PTSD, mood disorders, relationship issues
Alia Griese, MA, AMFT	831-228-4236	<input checked="" type="checkbox"/>	Sliding scale	English	Telehealth or Santa Cruz, CA	Depression, life transitions, self esteem
Melinda Martindale, LCSW	831-453-1681	<input checked="" type="checkbox"/>	No insurance but willing to make superbill	English	Telehealth or Counseling through Creativity in Santa Cruz, CA	Relationship issues, trauma and PTSD, mood disorders
Shira Stone, LMFT	831-684-7487	<input checked="" type="checkbox"/>	Unique blend of sound healing and psychotherapy, which is not covered by insurance	English	Telehealth or Santa Cruz, San Jose	Depression, anxiety, relationship issues
Vanessa Segovia, MA, LMFT	831-777-4635	<input checked="" type="checkbox"/>	Out-of-network	English	Telehealth or Santa Cruz, CA	Trauma and PTSD, anxiety, depression
Xander Abrams, PhD, LMFT	831-703-8969	<input checked="" type="checkbox"/>	Many insurance companies accepted, <a href="#">see here</a> . Sliding scale	English	Telehealth or Santa Cruz, CA	Life transitions, family conflict, relationship issues
Allyson Cumella, LCSW, ACSW	831-406-5854	<input checked="" type="checkbox"/>	None	English	La Selva Beach, CA	Trauma & PTSD, addiction, anxiety
Jose Maldonado, MS, LMFT, PPS	831-215-4143	<input checked="" type="checkbox"/>	Many insurance companies accepted, <a href="#">see here</a> . Sliding scale	English and Spanish	Telehealth or Salinas, CA	ADHD, anger management, anxiety
Roscelia Madrigal, LMFT, CTT	831-208-3288	<input checked="" type="checkbox"/>	Optum, UnitedHealthcare UHC UBH, Out-of-network. Sliding scale	English and Spanish	Telehealth or Aptos, CA	Trauma & PTSD, family conflict, relationship issues

Contact [brooke@namiscc.org](mailto:brooke@namiscc.org) for feedback or submissions.

Note: These are only listed specialties. Many providers are able to treat a larger range of mental illnesses.





















































